

Memorandum

To: Jeff Owens, Interim General Manager

From: Ke'an Armstrong, Publicity/Promotions Specialist, WEIU FM & TV

Re: Issues/Programs for WEIU FM

Date: September 30, 2024

The following is the Issues List for the 3rd quarter of 2024 of programming on WEIU FM:

1. CHILDREN'S EDUCATION - How are the educational and informational needs of students being met?
2. MINORITY ISSUES - Are the needs of the minority population in east-central Illinois being met? If not, what can be done to improve the situation?
3. ECONOMIC AND AGRICULTURAL CLIMATE - What is the economic climate in our area? With agriculture being the largest industry, how are farmers dealing with the current economic times?
4. CRIME - Is it safe to live in east-central Illinois and what can be done to ensure the continued safety of our residents?
5. GOVERNMENT - What are the key issues in government, both state and federal, that are affecting east-central Illinois?
6. HEALTH – What are the health issues affecting those who live in east-central Illinois? What new medical advances are now available? Are there preventative health care issues that need to be examined?

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Re: Methods of Determining Issues

Date: September 30, 2024

WEIU FM determined the issues/program list for the 3rd quarter of 2024 by the following methods:

1. Analysis of local news reports from newspapers, television & radio.
2. Feedback from community members via various staff members participating in community service groups in the listening area.
3. Discussion of issues with local and regional officials on a continuing basis.

Please advise if you have any further questions or require further information.

1. Children's Education

Program Title	Time	Date	Source	Length	Description
News	6:10am; 7:10am; 8:10am	7/1/24	Live	10 Seconds	The Shelby County Salvation Army is accepting drop off donations for their Back To School Program on Fridays 10am-12pm at the Salvation Army in Shelbyville.
News	6:45am; 7:45am; 8:45am	7/1/24	Live	30 Seconds	The Shelby County Salvation Army is accepting drop off donations for their Back To School Program on Fridays 10am-12pm at the Salvation Army in Shelbyville.
News	6:10am; 7:10am; 8:10am	7/2/24	Live	10 Seconds	Millikin University's 16th President, Dr. Jim Reynolds, has announced plans to retire effective June 30, 2025.
News	6:10am; 7:10am; 8:10am	7/2/24	Live	10 Seconds	The Illinois State Board of Education has announced the federal eligibility guidelines for students to receive free and reduced-price lunch, breakfast, and after-school snacks for the 2024-25 school year.
News	6:45am; 7:45am; 8:45am	7/2/24	Live	30 Seconds	Millikin University's 16th President, Dr. Jim Reynolds, has announced plans to retire effective June 30, 2025.
News	6:10am; 7:10am; 8:10am	7/3/24	Live	10 Seconds	Teens in grades 7th-12th can create custom buttons to wear and share in the Zone at the Charleston Carnegie Public Library on Tuesday from 4:00-5:00pm.
News	6:10am; 7:10am; 8:10am	7/8/24	Live	10 Seconds	Teens in grades 7th-12th can create custom buttons to wear and share in the Zone at the Charleston Carnegie Public Library on Tuesday, July 9, from 4:00-5:00pm.
News	6:10am; 7:10am; 8:10am	7/8/24	Live	10 Seconds	Eastern Illinois University was informed of serious allegations involving an EIU employee, prompting an internal Title IX(9) investigation.
News	6:10am; 7:10am; 8:10am	7/9/24	Live	10 Seconds	WGN-TV reports that officials at Northwestern College in Oak Lawn sent an email to students on Saturday saying the school had closed.
News	6:10am; 7:10am; 8:10am	7/10/24	Live	10 Seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Thursday in room 011 of the Board and Administration Center, Mattoon, beginning at 6:00 p.m.
News	6:10am; 7:10am; 8:10am	7/10/24	Live	10 Seconds	Lake Land College will offer select dual credit courses at zero cost to students within the Effingham Regional Career Academy during the Fall 2024 and Spring 2025 semesters.
News	6:10am; 7:10am; 8:10am	7/10/24	Live	10 Seconds	Northwestern College in Oak Lawn has abruptly closed amid a federal review.
News	6:45am; 7:45am; 8:45am	7/10/24	Live	30 Seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Thursday in room 011 of the Board and Administration Center, Mattoon, beginning at 6:00 p.m.
News	6:45am; 7:45am; 8:45am	7/10/24	Live	30 Seconds	Lake Land College will offer select dual credit courses at zero cost to students within the Effingham Regional Career Academy during the Fall 2024 and Spring 2025 semesters.
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	Eastern Illinois University is looking for faculty and staff to serve as site leaders for the JumpStart service day during Welcome Weekend on Saturday, August 17 th .
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	The FDIC August Institute is the premier professional development series aimed at preparing Eastern Illinois University faculty and staff for the coming academic year and is August 5th through the 9th.
News	6:10am; 7:10am; 8:10am	7/15/24	Live	10 Seconds	Eastern Illinois University is looking for faculty and staff to serve as site leaders for the JumpStart service day during Welcome Weekend on Saturday, August 17 th .
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News	6:10am; 7:10am; 8:10am	7/16/24	Live	10 Seconds	Lake Land College will offer select dual credit courses at zero cost to students within the Effingham Regional Career Academy during the Fall 2024 and Spring 2025 semesters.
News	6:45am; 7:45am; 8:45am	7/16/24	Live	30 Seconds	Lake Land College will offer select dual credit courses at zero cost to students within the Effingham Regional Career Academy during the Fall 2024 and Spring 2025 semesters.

News	6:10am; 7:10am; 8:10am	7/17/24	Live	10 Seconds	Eastern Illinois University is looking for faculty and staff to serve as site leaders for the JumpStart service day during Welcome Weekend on Saturday, August 17 th .
News	6:10am; 7:10am; 8:10am	7/19/24	Live	10 Seconds	Lake Land College Career Services is launching the Hire a Laker campaign, an opportunity for local businesses to collaborate with the College and promote their companies to job-seeking students
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News	6:10am; 7:10am; 8:10am	7/31/24	Live	10 Seconds	A statement released by EIU President Jay Gatrell says Equity-based funding for higher education is a student-focused strategic investment that will more effectively distribute public funds toward the goal of ensuring a thriving Illinois for all.
News	6:45am; 7:45am; 8:45am	7/31/24	Live	30 Seconds	A statement released by EIU President Jay Gatrell says Equity-based funding for higher education is a student-focused strategic investment that will more effectively distribute public funds toward the goal of ensuring a thriving Illinois for all.
News	6:10am; 7:10am; 8:10am	8/2/24	Live	10 Seconds	Eastern Illinois University leaders are excited to announce that Moody's Ratings has upgraded EIU's issuer rating and Auxiliary Facilities System bond status.
News	6:10am; 7:10am; 8:10am	8/2/24	Live	10 Seconds	A new study from the University of Illinois System says only about one-fourth of all public-school students are back to pre-pandemic performance levels in English language arts while even fewer have returned to pre-pandemic levels in math, according to Capital News Illinois.
News	6:45am; 7:45am; 8:45am	8/2/24	Live	30 Seconds	Eastern Illinois University leaders are excited to announce that Moody's Ratings has upgraded EIU's issuer rating and Auxiliary Facilities System bond status.
News	6:10am; 7:10am; 8:10am	8/8/24	Live	10 Seconds	Lake Land College's Adult Education program offers free GED and English Language Acquisition classes with the support of funding from the ICCB Adult Education and Family Literacy grant.
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News	6:10am; 7:10am; 8:10am	8/9/24	Live	10 Seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Monday in room 146 of the Effingham Technology Center, Effingham, beginning at 6:00 p.m.
News	6:45am; 7:45am; 8:45am	8/9/24	Live	30 Seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Monday in room 146 of the Effingham Technology Center, Effingham, beginning at 6:00 p.m.
News	6:10am; 7:10am; 8:10am	8/10/24	Live	10 Seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Monday in room 146 of the Effingham Technology Center, Effingham, beginning at 6:00 p.m.
News	6:45am; 7:45am; 8:45am	8/10/24	Live	30 Seconds	The Lake Land College Board of Trustees will conduct its next regular meeting on Monday in room 146 of the Effingham Technology Center, Effingham, beginning at 6:00 p.m.
News	6:10am; 7:10am; 8:10am	8/14/24	Live	10 Seconds	The Lake Land College Community College District No. 517 Trustee Election will be held April 1, 2025, as part of the 2025 consolidated election.
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News	6:10am; 7:10am; 8:10am	8/15/24	Live	10 Seconds	Today is Move In Day for Eastern Illinois students who live in the dorms. Expect increased traffic in and around the University area.
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News	6:10am; 7:10am; 8:10am	8/16/24	Live	10 Seconds	EIU's Jumpstart volunteer service day is tomorrow from 9:00 am to 1 pm and begins on campus at McAfee Gym.
News	6:15am; 7:15am; 8:15am	8/20/24	Live	10 Seconds	The 20-25 to 26 Free Application for Federal Student Aid will be released for testing to some students and schools in October ... and opened to all students by December 1st.
News	6:15am; 7:15am; 8:15am	8/20/24	Live	10 Seconds	Eastern Illinois University (EIU) and ELEVATE CCIC, Inc. in Mattoon are proud to announce an innovative partnership aimed at boosting digital literacy and creating new career opportunities in the regional tech sector.
News	6:15am; 7:15am; 8:15am	8/20/24	Live	10 Seconds	Illinois will soon become just the fifth state in the nation to prohibit corporal punishment in all schools.
News	6:45am; 7:45am; 8:45am	8/20/24	Live	30 Seconds	The 20-25 to 26 Free Application for Federal Student Aid will be released for testing to some students and schools in October ... and opened to all students by December 1st.
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News	6:15am; 7:15am; 8:15am	8/22/24	Live	10 Seconds	University of Illinois Police Officers are hosting a Community Unity Festival on the University of Illinois' south quad from five and eight on Tuesday August 27th.
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News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	University of Illinois Police want to track down the people responsible for vandalizing an auditorium on campus.
News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	After a long summer of technical glitches, most of America's prospective college students finally applied for federal financial aid — an annual process upended by a redesign-gone-bad.

News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	Wildlife researchers at the University of Illinois say the rabbit fever illness has mainly affected Eastern Cottontail rabbits.
News	6:45am; 7:45am; 8:45am	8/29/24	Live	30 Seconds	University of Illinois Police want to track down the people responsible for vandalizing an auditorium on campus.
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News	6:15am; 7:15am; 8:15am	9/5/24	Live	10 Seconds	Fall enrollment numbers are released at Eastern Illinois University with total enrollment is at 8-thousand 500 students.
News	6:15am; 7:15am; 8:15am	9/5/24	Live	10 Seconds	Shiloh Schools Superintendent Morgan Wilhoit (will-hoyt) says a freshman student passed away early this week.
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News	6:15am; 7:15am; 8:15am	9/11/24	Live	10 Seconds	The Washington, DC-based ALL IN Campus Democracy Challenge recognized Eastern Illinois University for its nonpartisan democratic engagement efforts that fostered high levels of student voter engagement in the 2022 midterm elections.
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News	6:15am; 7:15am; 8:15am	9/12/24	Live	10 Seconds	David Parker, a former Effingham School District teacher's aide accused of battery, is sentenced to 13 days of jail time.
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News	6:15am; 7:15am; 8:15am	9/26/24	Live	10 Seconds	U.S. News and World Report says Eastern Illinois University is the #1 regional public university in the state.
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Issues/Attitudes	12n	9/30/24	Live	30 minutes	Dennis Malak of Doudna FAC interview on shows, EIU student exp, and events.
Issues/Attitudes	12n	9/9/24	Live	30 minutes	EIU Admissions director Britney Tierney interview talking EIU enrollment, HS student recruitment, EIU back to school programs and more.
Issues/Attitudes	12n	8/26/24	Live	30	EIU President Dr. Jay Gatrell interview regarding all things EIU - enrollment, budget, success and more.

2. Minority Issues

Program Title	Time	Date	Source	Length	Discription
News	6:10am; 7:10am; 8:10am	7/16/24	Live	10 Seconds	Federal authorities have charged Anosh Ahmed, a former Loretto Hospital executive, in a scheme to embezzle \$15 million from the health care facility.
News	6:10am; 7:10am; 8:10am	7/19/24	Live	10 Seconds	An Illinois sheriff's deputy, Sean Grayson, has been charged with murder in the fatal shooting of Sonya Massey inside her home in Springfield, a death that led to protests about justice for the Black victim.
News	6:45am; 7:45am; 8:45am	7/19/24	Live	30 Seconds	An Illinois sheriff's deputy, Sean Grayson, has been charged with murder in the fatal shooting of Sonya Massey inside her home in Springfield, a death that led to protests about justice for the Black victim.
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	Police say mail carrier Octavia Redmond was fatally shot while walking a route in Chicago.
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	Adel Daoud, a man convicted of plotting to blow up a Chicago bar, will have to spend another 11 years in prison.
News	6:10am; 7:10am; 8:10am	7/23/24	Live	10 Seconds	Officials have released body camera video that reveals a chaotic scene in which Sonya Massey in Springfield who called 911 for help was shot in the face and killed in her home by sheriff's deputy Sean Grayson.
News	6:10am; 7:10am; 8:10am	7/24/24	Live	10 Seconds	Former sheriff's deputy Sean Grayson, who is charged with murder in the fatal shooting of Sonya Massey inside her Illinois home, had been employed by a half-dozen police agencies since 2020.
News	6:10am; 7:10am; 8:10am	7/24/24	Live	10 Seconds	A pair of lawsuits filed this week in the Illinois Court of Claims are the latest to detail harrowing instances of sexual abuse at the hands of employees of juvenile detention facilities.
News	6:45am; 7:45am; 8:45am	7/24/24	Live	30 Seconds	Former sheriff's deputy Sean Grayson, who is charged with murder in the fatal shooting of Sonya Massey inside her Illinois home, had been employed by a half-dozen police agencies since 2020.
News	6:10am; 7:10am; 8:10am	7/29/24	Live	10 Seconds	Autopsy findings on Sonya Massey, a 36-year-old Black woman fatally shot in her Springfield home by a now-fired sheriff's deputy charged in her death, confirm that she died from a gunshot wound to the head.
News	6:45am; 7:45am; 8:45am	7/29/24	Live	30 Seconds	Autopsy findings on Sonya Massey, a 36-year-old Black woman fatally shot in her Springfield home by a now-fired sheriff's deputy charged in her death, confirm that she died from a gunshot wound to the head.
News	6:10am; 7:10am; 8:10am	7/30/24	Live	10 Seconds	Authorities say Sean Grayson, the Illinois sheriff's deputy charged in the shooting death of Sonya Massey, was kicked out of the Army for the first of two drunken driving convictions in which he had a weapon in his car.
News	6:45am; 7:45am; 8:45am	7/30/24	Live	30 Seconds	Authorities say Sean Grayson, the Illinois sheriff's deputy charged in the shooting death of Sonya Massey, was kicked out of the Army for the first of two drunken driving convictions in which he had a weapon in his car.
News	6:10am; 7:10am; 8:10am	7/31/24	Live	10 Seconds	Sheriff Jack Campbell, whose deputy shot Sonya Massey, the unarmed Black woman who called 911 for help in her Springfield home, apologized Monday night during a community meeting of more than 500 people at Union Baptist Church.

News	6:10am; 7:10am; 8:10am	7/31/24	Live	10 Seconds	Joaquín Guzmán López, the son of notorious drug kingpin "El Chapo", has pleaded not guilty to drug trafficking and other charges in a Chicago courtroom days after an astonishing capture in the U.S.
News	6:10am; 7:10am; 8:10am	8/1/24	Live	10 Seconds	Records released by Illinois authorities show that two emergency response calls were made from the home of Sonya Massey in the days leading up to her death with former Sangamon County Sheriff's deputy Sean Grayson being charged with her murder.
News	6:10am; 7:10am; 8:10am	8/2/24	Live	10 Seconds	Sangamon County Sheriff Jack Campbell, whose deputy fatally shot Sonya Massey in her home after she called 911 for help, says it will take the rest of his professional life to rebuild trust in his agency.
News	6:45am; 7:45am; 8:45am	8/2/24	Live	30 Seconds	Sangamon County Sheriff Jack Campbell, whose deputy fatally shot Sonya Massey in her home after she called 911 for help, says it will take the rest of his professional life to rebuild trust in his agency.
News	6:10am; 7:10am; 8:10am	8/6/24	Live	10 Seconds	Mattoon Police arrested Devonj Wilson of Chicago on August 3rd at 8:09pm on Interstate 57 at Mile Marker 185 on multiple charges including Aggravated Battery.
News	6:10am; 7:10am; 8:10am	8/6/24	Live	10 Seconds	Sean Grayson, the deputy sheriff who fatally shot Sonya Massey in her Illinois home last month, says he thought that when she unexpectedly said, "I rebuke you in the name of Jesus," she intended to kill him.
News	6:45am; 7:45am; 8:45am	8/6/24	Live	30 Seconds	Mattoon Police arrested Devonj Wilson of Chicago on August 3rd at 8:09pm on Interstate 57 at Mile Marker 185 on multiple charges including Aggravated Battery.
News	6:10am; 7:10am; 8:10am	8/8/24	Live	10 Seconds	Illinois Governor JB Pritzker called for the resignation of Jack Campbell, the sheriff whose deputy fatally wounded Sonya Massey in her home last month after the Black woman called 911 for help.
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News	6:10am; 7:10am; 8:10am	8/12/24	Live	10 Seconds	Sangamon County Sheriff Jack Campbell, who hired the deputy charged in the death of Sonya Massey has announced that he will retire by August 31st, five weeks after the 36-year-old Black woman was fatally shot in her home.

3. Economic and Agriculture Climate

Program Title	Time	Date	Source	Length	Description
News	6:10am; 7:10am; 8:10am	7/1/24	Live	10 Seconds	Average gasoline prices in Illinois have risen 2.1 cents per gallon in the last week, averaging \$3.82 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	7/1/24	Live	30 Seconds	Average gasoline prices in Illinois have risen 2.1 cents per gallon in the last week, averaging \$3.82 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	7/1/24	Recorded	2 minutes	Could giant cylindrical sails propel the cargo ships of the future? It's just one idea among many for harnessing the wind to help ships save fuel.
News	6:10am; 7:10am; 8:10am	7/2/24	Live	10 Seconds	Deere is laying off nearly 600 workers as the farm equipment manufacturer deals with declining demand and are concentrated at two factories in Iowa and one at its home base in Moline.
Climate Connections	12:50pm	7/2/24	Recorded	2 minutes	A victory for environmental justice in Minnesota: A recently passed state law aims to limit new pollution in communities already struggling with a disproportionate burden.
Climate Connections	12:50pm	7/3/24	Recorded	2 minutes	How cover crops are helping a Kansas farmer adapt to climate change: At Lucinda Stuenkel's farm, spring oats and peas are enriching her soil and helping it retain more moisture.
Climate Connections	12:50pm	7/4/24	Recorded	2 minutes	New York regulations encourage the use of loweremissions concrete: Concrete is one of the biggest sources of planet-warming carbon pollution.
Climate Connections	12:50pm	7/5/24	Recorded	2 minutes	Sweltering summer days put Arizonans at risk of dangerous burns: One burn center treated 85 people for contact burns in 2022 — and seven died from their injuries.
USDA Ag Report	6:05am	7/6/24	Recorded	5 minutes	The national symbol of wildfire prevention, and the public service campaign that created him, reached the eightieth anniversary mark in 2024. Rod Bain looks at some of the cultural and cumulative impacts of Smokey Bear in this edition of "Agriculture USA".
Climate Connections	12:50pm	7/8/24	Recorded	2 minutes	Low-income residents buy into solar project at Minneapolis school: A solar garden at North High School provides electricity to the school, the city, and residential subscribers.
News	6:10am; 7:10am; 8:10am	7/9/24	Live	10 Seconds	Power has started to come back for some of the millions of homes and businesses left in the dark when Hurricane Beryl slammed into the Houston area.
Climate Connections	12:50pm	7/9/24	Recorded	2 minutes	Seattle summers are no longer reliably mild: Many locals don't have AC, so heat waves can be deadly.
Climate Connections	12:50pm	7/10/24	Recorded	2 minutes	Eelgrass makes a comeback along the Virginia coast: These spindly plants provide vital habitat for marine life, reduce coastal erosion, and absorb carbon pollution.
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	The Biden administration is awarding nearly \$2 billion in grants to help restart or expand electric vehicle manufacturing and assembly sites in eight states, including Illinois.
Climate Connections	12:50pm	7/11/24	Recorded	2 minutes	San Diego neighborhood wins protections from new industrial development: Residents of Barrio Logan have been fighting for cleaner air for decades.
Climate Connections	12:50pm	7/12/24	Recorded	2 minutes	Got climate anxiety? Taking action can be the right medicine. "Being part of the solution is psychologically empowering," says therapist Leslie Davenport.
USDA Ag Report	6:05am	7/13/24	Recorded	5 minutes	Helping Rural Hospitals Thwart Cyber Attacks in this edition of "Agriculture USA".
News	6:10am; 7:10am; 8:10am	7/15/24	Live	10 Seconds	Average gasoline prices in Illinois have risen 6.5 cents per gallon in the last week, averaging \$3.83/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	7/15/24	Live	30 Seconds	Average gasoline prices in Illinois have risen 6.5 cents per gallon in the last week, averaging \$3.83/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	7/15/24	Recorded	2 minutes	The climate benefits of mangroves: Their roots and branches help break up waves and reduce flooding in coastal communities.

News	6:10am; 7:10am; 8:10am	7/16/24	Live	10 Seconds	Storms with tornadoes blew through Iowa, Illinois — including Chicago — and Indiana, downing trees and power lines and cutting power to more than 460,000.
Climate Connections	12:50pm	7/16/24	Recorded	2 minutes	Beavers can help reduce damage caused by wildfires: The animals create wetlands that can reduce drying and burning.
News	6:10am; 7:10am; 8:10am	7/17/24	Live	10 Seconds	Severe storms in the Midwest have overtopped a dam in Nashville, Illinois and left the Chicago area cleaning up.
News	6:45am; 7:45am; 8:45am	7/17/24	Live	30 Seconds	Severe storms in the Midwest have overtopped a dam in Nashville, Illinois and left the Chicago area cleaning up.
Climate Connections	12:50pm	7/17/24	Recorded	2 minutes	The promise and potential pitfalls of locking carbon in soil: Farmers can help store planet-warming pollution in the ground. But some measures of the benefits may provide misleading results, a researcher says.
News	6:10am; 7:10am; 8:10am	7/18/24	Live	10 Seconds	Capital One said Wednesday it plans to offer \$265 billion in lending, investing and philanthropy projects as part of its \$35 billion merger with Discover Financial.
News	6:10am; 7:10am; 8:10am	7/18/24	Live	10 Seconds	Farm equipment maker John Deere says it will no longer sponsor "social or cultural awareness" events, making the agricultural machinery manufacturer one of the latest U.S. companies to distance itself from diversity and inclusion measures after being targeted by conservative backlash.
News	6:45am; 7:45am; 8:45am	7/18/24	Live	30 Seconds	Capital One said Wednesday it plans to offer \$265 billion in lending, investing and philanthropy projects as part of its \$35 billion merger with Discover Financial.
News	6:45am; 7:45am; 8:45am	7/18/24	Live	30 Seconds	Farm equipment maker John Deere says it will no longer sponsor "social or cultural awareness" events, making the agricultural machinery manufacturer one of the latest U.S. companies to distance itself from diversity and inclusion measures after being targeted by conservative backlash.
Climate Connections	12:50pm	7/18/24	Recorded	2 minutes	From flood zones to green zones: In Charlotte, North Carolina, flood-prone apartments were converted into a wetland habitat that now helps protect the community from flooding.
Climate Connections	12:50pm	7/19/24	Recorded	2 minutes	How camping skills can help prepare you for weather disasters: Many skills used while camping can help you stay safe during emergencies.
USDA Ag Report	6:05am	7/20/24	Recorded	5 minutes	The latest efforts by the Agriculture Department and other stakeholders in efforts to reduce our domestic food loss and waste by half by the year 2030 was recently announced – a federal strategy, which includes increased recycling of organic materials. Rod Bain looks at some of the components within this strategy in this edition of "Agriculture USA".
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	Average gasoline prices in Illinois have risen 7.3 cents per gallon in the last week, averaging \$3.90/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	7/22/24	Live	30 Seconds	Average gasoline prices in Illinois have risen 7.3 cents per gallon in the last week, averaging \$3.90/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	7/22/24	Recorded	2 minutes	Researchers test whether peanuts and cotton could grow in a warmer Midwest: The crops have historically grown farther South.
News	6:10am; 7:10am; 8:10am	7/23/24	Live	10 Seconds	SONIC Drive-In announced today that its newest location in Charleston at 107 West Lincoln Ave. will officially open today.
News	6:45am; 7:45am; 8:45am	7/23/24	Live	30 Seconds	SONIC Drive-In announced today that its newest location in Charleston at 107 West Lincoln Ave. will officially open today.
Climate Connections	12:50pm	7/23/24	Recorded	2 minutes	Tucson, Arizona, bets on buses: With free rides and bus stop improvements, the city hopes to turn out more ridership and reduce traffic pollution.
Climate Connections	12:50pm	7/24/24	Recorded	2 minutes	Bridge helps Alaska town cope with climate change: During winter, residents used to leave town by driving their snowmobiles or ATVs across a frozen lake. But warming temperatures left the lake ice less dependable.
Climate Connections	12:50pm	7/25/24	Recorded	2 minutes	Upstate New York development features fossil-fuel-free homes: Ultra-efficient houses in the Catskill Project are powered by solar panels.
Climate Connections	12:50pm	7/26/24	Recorded	2 minutes	How to protect your pets during a heat wave: On hot days, keep dogs and cats in cooler areas with air conditioning or shade — and watch them for signs of distress.

USDA Ag Report	6:05am	7/27/24	Recorded	5 minutes	Researchers say there are many problems associated with spending too much screen time. Gary Crawford has more about this on this edition of Agriculture USA
News	6:10am; 7:10am; 8:10am	7/29/24	Live	10 Seconds	Average gasoline prices in Illinois have risen 12.5 cents per gallon in the last week, averaging \$4.03/ per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois
News	6:10am; 7:10am; 8:10am	7/29/24	Live	10 Seconds	Average gasoline prices in Illinois have risen 12.5 cents per gallon in the last week, averaging \$4.03/ per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois
Climate Connections	12:50pm	7/29/24	Recorded	2 minutes	Your medications may increase your risk of heatrelated illnesses: Certain meds can cause dehydration or impede the body's ability to sweat.
News	6:10am; 7:10am; 8:10am	7/30/24	Live	10 Seconds	McDonald's profit slides 12% as customer spending weakens and same-store sales fell globally for the first time since 2020.
Climate Connections	12:50pm	7/30/24	Recorded	2 minutes	An Alaskan community's slow and costly move to higher ground: Melting permafrost and extreme erosion are forcing Newtok residents to relocate. It's a long, difficult process.
Climate Connections	12:50pm	7/31/24	Recorded	2 minutes	Long-term whitebark pine restoration project aims to save the trees for future generations: The Western species has been hard-hit by wildfires, mountain pine beetles, and blister rust.
News	6:10am; 7:10am; 8:10am	8/1/24	Live	10 Seconds	The National Weather Service says the Automated Surface Observing System that serves the Coles County Airport near Mattoon will be impacted by airport maintenance being conducted by the Federal Aviation Administration through at least August 6th.
News	6:10am; 7:10am; 8:10am	8/1/24	Live	10 Seconds	Boeing says aerospace industry veteran Robert "Kelly" Ortberg will take over as CEO next week.
News	6:45am; 7:45am; 8:45am	8/1/24	Live	30 Seconds	The National Weather Service says the Automated Surface Observing System that serves the Coles County Airport near Mattoon will be impacted by airport maintenance being conducted by the Federal Aviation Administration through at least August 6th.
Climate Connections	12:50pm	8/1/24	Recorded	2 minutes	Advances in oil and gas drilling technology could boost geothermal energy: The same tech used in the oil and gas shale boom could help reduce the cost of drilling for clean, renewable geothermal.
News	6:10am; 7:10am; 8:10am	8/2/24	Live	10 Seconds	The Environmental Protection Agency is issuing an emergency fuel waiver to help alleviate shortages in four states whose gasoline supplies have been impacted by the shutdown of an ExxonMobil refinery in Illinois
Climate Connections	12:50pm	8/2/24	Recorded	2 minutes	Why you need a go bag: And a few things that should go in it.
USDA Ag Report	6:05am	8/3/24	Recorded	5 minutes	Planning on taking your dog with you on vacation? Gary Crawford has some tips from an expert on this edition of Agriculture USA.
News	6:10am; 7:10am; 8:10am	8/5/24	Live	10 Seconds	Average gasoline prices in Illinois have fallen 7.6 cents per gallon in the last week, averaging \$3.95 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:10am; 7:10am; 8:10am	8/5/24	Live	10 Seconds	The struggling drugstore chain Walgreens will get about \$1.1 billion for selling another slice of its stake in drug distributor Cencora.
News	6:10am; 7:10am; 8:10am	8/5/24	Live	10 Seconds	The National Weather Service says the Automated Surface Observing System that serves the Coles County Airport near Mattoon is up and running again.
News	6:45am; 7:45am; 8:45am	8/5/24	Live	30 Seconds	Average gasoline prices in Illinois have fallen 7.6 cents per gallon in the last week, averaging \$3.95 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	8/5/24	Live	30 Seconds	The struggling drugstore chain Walgreens will get about \$1.1 billion for selling another slice of its stake in drug distributor Cencora.
Climate Connections	12:50pm	8/5/24	Recorded	2 minutes	Pilot project in New York City to offer quick cash grants after major floods: The goal is to speed up relief for victims.
Climate Connections	12:50pm	8/6/24	Recorded	2 minutes	New Jersey launches heat awareness campaign as extreme weather intensifies: Heat is the deadliest weather hazard, but many Garden State residents underestimate the risks.
Climate Connections	12:50pm	8/7/24	Recorded	2 minutes	The event that helps this Indigenous Pacific Islander feel less alone: Audrey-Rose Sevaetasi has sometimes felt that few people could relate to her experience of climate change in American Samoa.

Climate Connections	12:50pm	8/8/24	Recorded	2 minutes	California moves to protect indoor workers from deadly heat: Carwashes, warehouses, and other indoor workplaces lacking AC can get brutally hot in the summer.
Climate Connections	12:50pm	8/9/24	Recorded	2 minutes	High temperatures can cause train tracks to buckle and kink: And other than slowing down trains during heat waves, the solutions are limited.
USDA Ag Report	6:05am	8/10/24	Recorded	5 minutes	An expert says take care of your brain. It's the only one you've got. Today on this edition of Agriculture USA Gary Crawford has expert advice on how to boost your brain.
News	6:10am; 7:10am; 8:10am	8/12/24	Live	10 Seconds	Average gasoline prices in Illinois have fallen 9.9 cents per gallon in the last week, averaging \$3.85/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	8/12/24	Live	30 Seconds	Average gasoline prices in Illinois have fallen 9.9 cents per gallon in the last week, averaging \$3.85/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	8/12/24	Recorded	2 minutes	Art meets science in sweeping U.S. climate report: The online gallery's paintings, drawings, and beadwork highlight how climate change is affecting the U.S.
Climate Connections	12:50pm	8/13/24	Recorded	2 minutes	Maryland rabbi calls on people to be good ancestors to future generations: He draws on Jewish teachings to advocate for climate action.
Climate Connections	12:50pm	8/14/24	Recorded	2 minutes	Government flood maps are often outdated: So residents of cities in the South are documenting on-the-ground flooding in their communities – the first step in advocating for solutions.
Climate Connections	12:50pm	8/15/24	Recorded	2 minutes	Solar developer says renewable energy could transform Native communities: Robert Blake of the Red Lake Nation is teaching tribal members about the potential benefits.
Climate Connections	12:50pm	8/16/24	Recorded	2 minutes	Climate change threatens the already endangered Kamber blue butterfly: Kamber blue caterpillars have started to hatch earlier, before the only plant that they eat emerges in spring.
USDA Ag Report	6:05am	8/17/24	Recorded	5 minutes	Changes take effect next month within the Farm Service Agency's Farm Loan Programs - changed designed to improve borrower financial flexibility. Rod Bain looks at these proposed changes in this edition of "Agriculture USA".
News	6:15am; 7:15am; 8:15am	8/19/24	Live	10 Seconds	Average gasoline prices in Illinois have fallen 10.1 cents per gallon in the last week, averaging \$3.75/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	8/19/24	Live	30 Seconds	Average gasoline prices in Illinois have fallen 10.1 cents per gallon in the last week, averaging \$3.75/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	8/19/24	Recorded	2 minutes	How NASA's satellites can track wildfires: The imagery and data help agencies provide real-time safety alerts.
Climate Connections	12:50pm	8/20/24	Recorded	2 minutes	How open spaces can save lives during wildfires: Fields, pastures, and orchards can help prevent the spread of deadly fires.
News	6:15am; 7:15am; 8:15am	8/21/24	Live	10 Seconds	The Effingham County Regional Airport plans to expand its primary east-west runway by almost a thousand feet.
News	6:45am; 7:45am; 8:45am	8/21/24	Live	30 Seconds	The Effingham County Regional Airport plans to expand its primary east-west runway by almost a thousand feet.
Climate Connections	12:50pm	8/21/24	Recorded	2 minutes	Free online tool kit can help small businesses prepare for climate change: Many are vulnerable to floods and other forms of increasingly extreme weather.
News	6:15am; 7:15am; 8:15am	8/22/24	Live	10 Seconds	According to Triple-A ... domestic travel bookings for labor day weekend are nine-percent higher this year compared to 20-23.
News	6:45am; 7:45am; 8:45am	8/22/24	Live	30 Seconds	According to Triple-A ... domestic travel bookings for labor day weekend are nine-percent higher this year compared to 20-23.
Climate Connections	12:50pm	8/22/24	Recorded	2 minutes	Fantasy role-playing games help young people engage with climate change: The games can enable them to imagine how they can be part of the solution.

Climate Connections	12:50pm	8/23/24	Recorded	2 minutes	Invasive insect could accelerate release of climate pollution from forests: The hemlock woolly adelgid is a major threat to hemlock trees.
USDA Ag Report	6:05am	8/24/24	Recorded	5 minutes	Some of those connected by the position they held at the Agriculture Department – top economic advisor – recently reconnected through an Agricultural Outlook Forum, with discussion centered on their time at USDA and some of the issues they faced. Rod Bain reveals some of this history of USDA's economic mission area in this edition of "Agriculture USA".
News	6:15am; 7:15am; 8:15am	8/26/24	Live	10 Seconds	Average gasoline prices in Illinois have fallen 11.1 cents per gallon in the last week, averaging \$3.64 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	8/26/24	Recorded	2 minutes	Tree-planting project aims to identify climate-resilient trees: Volunteers in St. Paul, Minnesota, are helping scientists study which trees will thrive as the climate warms.
Climate Connections	12:50pm	8/27/24	Recorded	2 minutes	Home repair program helps keep longtime Jacksonville, Florida, residents in place: The program has put more than a million dollars toward major home repairs and energy-efficient retrofits.
News	6:15am; 7:15am; 8:15am	8/28/24	Live	10 Seconds	Triple-A reports more Americans will be traveling this Labor Day weekend compared to past years.
News	6:15am; 7:15am; 8:15am	8/28/24	Live	10 Seconds	As a heat wave stretched into a second day this week, residents in more than half a dozen states including Illinois are looking for ways to beat the heat amid hot soupy temperatures approaching triple digits.
News	6:45am; 7:45am; 8:45am	8/28/24	Live	30 Seconds	Triple-A reports more Americans will be traveling this Labor Day weekend compared to past years.
News	6:45am; 7:45am; 8:45am	8/28/24	Live	30 Seconds	As a heat wave stretched into a second day this week, residents in more than half a dozen states including Illinois are looking for ways to beat the heat amid hot soupy temperatures approaching triple digits.
Climate Connections	12:50pm	8/28/24	Recorded	2 minutes	As wildfires intensify, the taxpayer burden is growing: But upfront investments in protecting communities from fires could reduce those costs, one watchdog says.
Climate Connections	12:50pm	8/29/24	Recorded	2 minutes	Virtual reality offers a glimpse of future climate impacts: In Santa Cruz, California, a VR film shows a 360-degree look at beaches and streets disappearing as sea levels rise.
Climate Connections	12:50pm	8/30/24	Recorded	2 minutes	Canadian city invites neighbors to tackle climate change together: The 'Neighbouring for Climate' Toolkit is designed to help Edmonton residents prepare for disasters.
USDA Ag Report	6:05am	8/31/24	Recorded	5 minutes	Several in the farm and food industry are participating in USDA Partnership for Climate Smart Commodities program or are indirectly involved and supporting various projects within this framework. What are the thoughts of some in agriculture about the potential of new climate solutions and new climate smart commodity markets within the Partnership? Rod Bain talks with ag sector representatives in this edition of "Agriculture USA".
Climate Connections	12:50pm	9/2/24	Recorded	2 minutes	Climate change threatens outdoor workers in tropical regions, study finds: Nearly one-third of all hours could become unsafe for heavy outdoor work.
News	6:15am; 7:15am; 8:15am	9/3/24	Live	10 Seconds	Average gasoline prices in Illinois have fallen 3.1 cents per gallon in the last week, averaging \$3.62 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	9/3/24	Live	30 Seconds	Average gasoline prices in Illinois have fallen 3.1 cents per gallon in the last week, averaging \$3.62 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	9/3/24	Recorded	2 minutes	Climate change is making seasonal allergies even worse: In some areas, allergy season lasts three weeks longer than it used to.
Climate Connections	12:50pm	9/4/24	Recorded	2 minutes	What to do if your veggie garden floods: Bacteria, sewage, and toxic pollution in floodwaters can contaminate produce.
News	6:15am; 7:15am; 8:15am	9/5/24	Live	10 Seconds	The chief executive officers of Kroger and Albertsons have insisted that merging would allow the two supermarket companies to lower prices and more effectively compete with retail giants like Walmart and Amazon.
Climate Connections	12:50pm	9/5/24	Recorded	2 minutes	Fireflies face 'one-two punch' of climate change, habitat loss, and light pollution: Ecologist warns of dwindling numbers as winters warm and droughts increase.

News	6:15am; 7:15am; 8:15am	9/6/24	Live	10 Seconds	The Effingham County Regional Airport broke ground on a taxiway extension yesterday.
News	6:15am; 7:15am; 8:15am	9/6/24	Live	10 Seconds	Effingham City officials say they're developing a comprehensive plan ... involving issues like land use ... economic development ... transportation ... and more over the coming years.
News	6:45am; 7:45am; 8:45am	9/6/24	Live	30 Seconds	The Effingham County Regional Airport broke ground on a taxiway extension yesterday.
News	6:45am; 7:45am; 8:45am	9/6/24	Live	30 Seconds	Effingham City officials say they're developing a comprehensive plan ... involving issues like land use ... economic development ... transportation ... and more over the coming years.
Climate Connections	12:50pm	9/6/24	Recorded	2 minutes	The quest for climate-resilient cows: Researchers are working to breed varieties that can thrive in temperature extremes.
USDA Ag Report	6:05am	9/7/24	Recorded	5 minutes	If your child is going to school this fall and taking lunch from home, experts say pack that lunch with good nutrition and with food safety in mind. Gary Crawford has more on this edition of Agriculture USA
News	6:15am; 7:15am; 8:15am	9/9/24	Live	10 Seconds	Gas prices continue to drop as the national average fell to three dollars and 22 cents this week. According to Triple A ... that's down 58 cents since this time last year.
News	6:15am; 7:15am; 8:15am	9/9/24	Live	10 Seconds	DirecTV filed a complaint with the Federal Communications Commission on Saturday night accusing Disney of negotiating in bad faith in their search for a new carriage agreement.
News	6:15am; 7:15am; 8:15am	9/9/24	Live	10 Seconds	Average gasoline prices in Illinois have fallen 10.8 cents per gallon in the last week, averaging \$3.52/g today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	9/9/24	Live	30 Seconds	Gas prices continue to drop as the national average fell to three dollars and 22 cents this week. According to Triple A ... that's down 58 cents since this time last year.
Climate Connections	12:50pm	9/9/24	Recorded	2 minutes	A public library became a haven after a flood: In the aftermath of a devastating flood, the library became a lifeline for residents of Spencer, Iowa.
News	6:15am; 7:15am; 8:15am	9/10/24	Live	10 Seconds	Discover Downstate Illinois announced the area generated a local economic impact of \$1.15 billion and contributed to an increase in visitor spending across Illinois in 2023.
News	6:45am; 7:45am; 8:45am	9/10/24	Live	30 Seconds	Discover Downstate Illinois announced the area generated a local economic impact of \$1.15 billion and contributed to an increase in visitor spending across Illinois in 2023.
Climate Connections	12:50pm	9/10/24	Recorded	2 minutes	How a stream restoration project in Indiana is helping to reduce flooding: The Duck Creek Tributary's newly restored, meandering shape helps reduce the flooding of nearby roads. It's teeming with wildlife, too.
News	6:15am; 7:15am; 8:15am	9/11/24	Live	10 Seconds	U.S. autoworkers warn that a dispute between their union and Stellantis over delays in reopening a shuttered factory in Belvidere, Illinois, is much bigger than that one plant.
Climate Connections	12:50pm	9/11/24	Recorded	2 minutes	Climate change could expand the range of disease-carrying mosquitoes: Longer summers and more rain provide ideal conditions for the insects.
Climate Connections	12:50pm	9/12/24	Recorded	2 minutes	'King tide days' help San Rafael, California, residents visualize sea level rise: King tides bring the highest tides of the year.
Climate Connections	12:50pm	9/13/24	Recorded	2 minutes	Wetland project to help protect Palo Alto from flooding: It's also designed to improve water quality in San Francisco Bay.
USDA Ag Report	6:05am	9/14/24	Recorded	5 minutes	Multiple organizations with a focus on farm safety and health approach various aspects of this concern through education, resources, and awareness campaigns such as the annual National Farm Safety and Health Week. Rod Bain looks at some of the efforts to cultivate safety on the farm in this edition of "Agriculture USA".
Climate Connections	12:50pm	9/16/24	Recorded	2 minutes	Old apartment building in Santa Monica transformed into all-electric affordable housing: Rooftop solar plus other upgrades add up to lower bills for residents.
Climate Connections	12:50pm	9/17/24	Recorded	2 minutes	Photos show how climate change is shaping the Louisiana coast: Virginia Hanusik's new book, 'Into the Quiet and the Light,' pairs photos with essays and reflections from community members.
Climate Connections	12:50pm	9/18/24	Recorded	2 minutes	What to ask when you're hiring a solar company: It can be hard to know which claims to believe.
Climate Connections	12:50pm	9/19/24	Recorded	2 minutes	Hospitals commit to cutting climate pollution from their food supply chain: Over 100 hospitals and medical centers have signed up.

Climate Connections	12:50pm	9/20/24	Recorded	2 minutes	Tofu manufacturer's waste turned into energy with a biodigester: Island Spring Organics on Vashon Island, Washington, uses soybean pulp and whey to help power its tofu production.
USDA Ag Report	6:05am	9/21/24	Recorded	5 minutes	The USDA is out with its first trade forecast for the 2025 fiscal year. On this edition of Agriculture USA, Gary Crawford talks with an expert about the forecast and what it could mean for farmers
Climate Connections	12:50pm	9/23/24	Recorded	2 minutes	Meet Scott Sklar, a renewable energy enthusiast in Arlington, Virginia: When there's a power outage, people gather at Sklar's place. During good weather, they take tours and check out what kids call his 'Back to the Future' van.
News	6:15am; 7:15am; 8:15am	9/23/24	Live	10 Seconds	Average gasoline prices in Illinois have risen 2.1 cents per gallon in the last week, averaging \$3.43 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	9/23/24	Live	30 Seconds	Average gasoline prices in Illinois have risen 2.1 cents per gallon in the last week, averaging \$3.43 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
Climate Connections	12:50pm	9/24/24	Recorded	2 minutes	Geoscientist David Padgett turns science into a tool for environmental justice: He offers his expertise to communities struggling with pollution and flooding.
Climate Connections	12:50pm	9/25/24	Recorded	2 minutes	A new financing model could speed up forest thinning projects: The projects can help reduce the risk of intense wildfires.
Climate Connections	12:50pm	9/26/24	Recorded	2 minutes	Denied FEMA Assistance? You can appeal: A free online tool, available in both English and Spanish, can help.
News	6:15am; 7:15am; 8:15am	9/26/24	Live	10 Seconds	The Bureau of Labor Statistics says egg prices jumped more than 28 percent last month ... compared to 12 months ago.
News	6:45am; 7:45am; 8:45am	9/26/24	Live	30 Seconds	The Bureau of Labor Statistics says egg prices jumped more than 28 percent last month ... compared to 12 months ago.
Climate Connections	12:50pm	9/27/24	Recorded	2 minutes	Cutting climate pollution could save tens of thousands of lives, study finds: New research links cleaner air to significant health benefits.
News	6:15am; 7:15am; 8:15am	9/27/24	Live	10 Seconds	According to a report from Adobe Analytics ... shoppers are expected to spend more the 240 billion dollars on online spending this holiday season.
USDA Ag Report	6:05am	9/28/24	Recorded	5 minutes	There are many different contexts and approaches when describing food security. Rod Bain looks some of those descriptors as food security in part one of a series, in this edition of "Agriculture USA".
Climate Connections	12:50pm	9/30/24	Recorded	2 minutes	Mosquitoes can now be tracked with an app: Photos uploaded to the app help scientists identify and track these pesky insects. The data is then shared with public health officials.
News	6:15am; 7:15am; 8:15am	9/30/24	Live	10 Seconds	Average gasoline prices in Illinois have risen 5.1 cents per gallon in the last week, averaging \$3.48 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
News	6:45am; 7:45am; 8:45am	9/30/24	Live	30 Seconds	Average gasoline prices in Illinois have risen 5.1 cents per gallon in the last week, averaging \$3.48 per gallon today, according to GasBuddy's survey of 4,378 stations in Illinois.
Issues/Attitudes	12n	8/19/24	Live	30 minutes	Interview with Rural King/Emerald Acres Sports with Blake Pierce and Tyler Yoder. Talking about the new multimillion dollar facility being built in Mattoon. Goals, dates, and new businesses all discussed.

4. Crime

Program Title	Time	Date	Source	Length	Description
News	6:10am; 7:10am; 8:10am	7/3/24	Live	10 Seconds	The Charleston Police Department today announced it is partnering with the Illinois Department of Transportation, the Illinois State Police and more than 200 local law enforcement agencies to step up enforcement efforts across the state in an effort to reduce speeding.
News	6:45am; 7:45am; 8:45am	7/3/24	Live	30 Seconds	The Charleston Police Department today announced it is partnering with the Illinois Department of Transportation, the Illinois State Police and more than 200 local law enforcement agencies to step up enforcement efforts across the state in an effort to reduce speeding.
News	6:10am; 7:10am; 8:10am	7/10/24	Live	10 Seconds	More than 100 people were shot in Chicago, 19 of them fatally, over the long Independence Day weekend, when there is often a spike in violence.
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	William "Sam" McCann, a former Illinois state senator and candidate for governor, will spend 3 1/2 years in prison after pleading guilty in federal court to fraudulent use of campaign funds, money laundering and tax evasion.
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	Sandra Kolalou, a Chicago woman convicted of killing and dismembering her landlord and storing some of the victim's remains in a freezer, has been sentenced to 58 years in prison
News	6:10am; 7:10am; 8:10am	7/16/24	Live	10 Seconds	Federal authorities have charged Anosh Ahmed, a former Loretto Hospital executive, in a scheme to embezzle \$15 million from the health care facility.
News	6:10am; 7:10am; 8:10am	7/19/24	Live	10 Seconds	An Illinois sheriff's deputy, Sean Grayson, has been charged with murder in the fatal shooting of Sonya Massey inside her home in Springfield, a death that led to protests about justice for the Black victim.
News	6:45am; 7:45am; 8:45am	7/19/24	Live	30 Seconds	An Illinois sheriff's deputy, Sean Grayson, has been charged with murder in the fatal shooting of Sonya Massey inside her home in Springfield, a death that led to protests about justice for the Black victim.
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	Police say mail carrier Octavia Redmond was fatally shot while walking a route in Chicago.
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	Adel Daoud, a man convicted of plotting to blow up a Chicago bar, will have to spend another 11 years in prison.
News	6:10am; 7:10am; 8:10am	7/23/24	Live	10 Seconds	Officials have released body camera video that reveals a chaotic scene in which Sonya Massey in Springfield who called 911 for help was shot in the face and killed in her home by sheriff's deputy Sean Grayson.
News	6:10am; 7:10am; 8:10am	7/24/24	Live	10 Seconds	Former sheriff's deputy Sean Grayson, who is charged with murder in the fatal shooting of Sonya Massey inside her Illinois home, had been employed by a half-dozen police agencies since 2020.
News	6:10am; 7:10am; 8:10am	7/24/24	Live	10 Seconds	A pair of lawsuits filed this week in the Illinois Court of Claims are the latest to detail harrowing instances of sexual abuse at the hands of employees of juvenile detention facilities.
News	6:45am; 7:45am; 8:45am	7/24/24	Live	30 Seconds	Former sheriff's deputy Sean Grayson, who is charged with murder in the fatal shooting of Sonya Massey inside her Illinois home, had been employed by a half-dozen police agencies since 2020.

News	6:10am; 7:10am; 8:10am	7/29/24	Live	10 Seconds	Autopsy findings on Sonya Massey, a 36-year-old Black woman fatally shot in her Springfield home by a now-fired sheriff's deputy charged in her death, confirm that she died from a gunshot wound to the head.
News	6:45am; 7:45am; 8:45am	7/29/24	Live	30 Seconds	Autopsy findings on Sonya Massey, a 36-year-old Black woman fatally shot in her Springfield home by a now-fired sheriff's deputy charged in her death, confirm that she died from a gunshot wound to the head.
News	6:10am; 7:10am; 8:10am	7/30/24	Live	10 Seconds	Authorities say Sean Grayson, the Illinois sheriff's deputy charged in the shooting death of Sonya Massey, was kicked out of the Army for the first of two drunken driving convictions in which he had a weapon in his car.
News	6:45am; 7:45am; 8:45am	7/30/24	Live	30 Seconds	Authorities say Sean Grayson, the Illinois sheriff's deputy charged in the shooting death of Sonya Massey, was kicked out of the Army for the first of two drunken driving convictions in which he had a weapon in his car.
News	6:10am; 7:10am; 8:10am	7/31/24	Live	10 Seconds	According to Edgar County court records, John T. Johnson pleaded guilty to manufacturing harmful material and was sentenced to conditional discharge and 180 days in jail, which was stayed.
News	6:10am; 7:10am; 8:10am	7/31/24	Live	10 Seconds	Sheriff Jack Campbell, whose deputy shot Sonya Massey, the unarmed Black woman who called 911 for help in her Springfield home, apologized Monday night during a community meeting of more than 500 people at Union Baptist Church.
News	6:10am; 7:10am; 8:10am	7/31/24	Live	10 Seconds	Joaquín Guzmán López, the son of notorious drug kingpin "El Chapo", has pleaded not guilty to drug trafficking and other charges in a Chicago courtroom days after an astonishing capture in the U.S.
News	6:45am; 7:45am; 8:45am	7/31/24	Live	30 Seconds	According to Edgar County court records, John T. Johnson pleaded guilty to manufacturing harmful material and was sentenced to conditional discharge and 180 days in jail, which was stayed.
News	6:10am; 7:10am; 8:10am	8/1/24	Live	10 Seconds	Records released by Illinois authorities show that two emergency response calls were made from the home of Sonya Massey in the days leading up to her death with former Sangamon County Sheriff's deputy Sean Grayson being charged with her murder.
News	6:10am; 7:10am; 8:10am	8/2/24	Live	10 Seconds	Sangamon County Sheriff Jack Campbell, whose deputy fatally shot Sonya Massey in her home after she called 911 for help, says it will take the rest of his professional life to rebuild trust in his agency.
News	6:45am; 7:45am; 8:45am	8/2/24	Live	30 Seconds	Sangamon County Sheriff Jack Campbell, whose deputy fatally shot Sonya Massey in her home after she called 911 for help, says it will take the rest of his professional life to rebuild trust in his agency.
News	6:10am; 7:10am; 8:10am	8/6/24	Live	10 Seconds	Mattoon Police arrested Devonj Wilson of Chicago on August 3rd at 8:09pm on Interstate 57 at Mile Marker 185 on multiple charges including Aggravated Battery.
News	6:10am; 7:10am; 8:10am	8/6/24	Live	10 Seconds	Sean Grayson, the deputy sheriff who fatally shot Sonya Massey in her Illinois home last month, says he thought that when she unexpectedly said, "I rebuke you in the name of Jesus," she intended to kill him.
News	6:45am; 7:45am; 8:45am	8/6/24	Live	30 Seconds	Mattoon Police arrested Devonj Wilson of Chicago on August 3rd at 8:09pm on Interstate 57 at Mile Marker 185 on multiple charges including Aggravated Battery.
News	6:10am; 7:10am; 8:10am	8/7/24	Live	10 Seconds	The city of Naperville must pay \$22.5 million in damages for the wrongful conviction to the estate of William Amor, a man who spent 22 years in prison for arson and murder.

News	6:10am; 7:10am; 8:10am	8/8/24	Live	10 Seconds	The Charleston Police Department conducted a traffic safety campaign throughout the month of July and issued 38 speeding citations and 11 suspended/revoked licenses citations.
News	6:45am; 7:45am; 8:45am	8/8/24	Live	30 Seconds	The Charleston Police Department conducted a traffic safety campaign throughout the month of July and issued 38 speeding citations and 11 suspended/revoked licenses citations.
News	6:10am; 7:10am; 8:10am	8/9/24	Live	10 Seconds	Effingham Police say Hadley Majors is accused of robbing the Walgreens on West Fayette Avenue Wednesday evening.
News	6:45am; 7:45am; 8:45am	8/9/24	Live	30 Seconds	Effingham Police say Hadley Majors is accused of robbing the Walgreens on West Fayette Avenue Wednesday evening.
News	6:10am; 7:10am; 8:10am	8/14/24	Live	10 Seconds	Police said they arrested Monticello Police Officer William Griswold on child pornography charges after an investigation.
News	6:10am; 7:10am; 8:10am	8/14/24	Live	10 Seconds	Ashantae Corruthers has been sentenced to four years in prison after taking part in the straw purchase of a handgun that was used to kill Champaign police officer Christopher Oberheim and wound another in 2021.
News	6:45am; 7:45am; 8:45am	8/14/24	Live	30 Seconds	Police said they arrested Monticello Police Officer William Griswold on child pornography charges after an investigation.
News	6:10am; 7:10am; 8:10am	8/15/24	Live	10 Seconds	Effingham Police arrested Chris Westergard at his residence and took him into custody for Violation of Order of Protection as well as multiple methamphetamine and FOID card violations.
News	6:10am; 7:10am; 8:10am	8/15/24	Live	10 Seconds	M&M's maker Mars is paying nearly \$30 billion for Kellanova, the maker of Cheez-Its and Pop-Tarts.
News	6:45am; 7:45am; 8:45am	8/15/24	Live	30 Seconds	Effingham Police arrested Chris Westergard at his residence and took him into custody for Violation of Order of Protection as well as multiple methamphetamine and FOID card violations.
News	6:15am; 7:15am; 8:15am	8/19/24	Live	10 Seconds	Edward Stief, Jr. is facing multiple federal charges for accusations of defrauding and stealing more than \$330,000 from an elderly individual.
News	6:45am; 7:45am; 8:45am	8/19/24	Live	30 Seconds	Edward Stief, Jr. is facing multiple federal charges for accusations of defrauding and stealing more than \$330,000 from an elderly individual.
News	6:15am; 7:15am; 8:15am	8/20/24	Live	10 Seconds	The Coles County Sheriff's Office says people are getting calls from a deputy who says they've missed jury duty and must pay money to avoid being arrested.
News	6:45am; 7:45am; 8:45am	8/20/24	Live	30 Seconds	The Coles County Sheriff's Office says people are getting calls from a deputy who says they've missed jury duty and must pay money to avoid being arrested.
News	6:15am; 7:15am; 8:15am	8/21/24	Live	10 Seconds	Jeremy Schrock of Tuscola is headed to prison for six years after pleading guilty to having child pornography.
News	6:15am; 7:15am; 8:15am	8/21/24	Live	10 Seconds	The Effingham County Sheriff's Office arrested 39-year-old Jerrod Estes of Teutopolis for False Personation of a Peace Officer, Unlawful Restraint, and Aggravated Battery.
News	6:15am; 7:15am; 8:15am	8/21/24	Live	10 Seconds	Justin Zimmerman who escaped from a Mississippi courthouse and is wanted on murder and armed robbery charges is in a standoff with police at a restaurant in Chicago, blocks from the Democratic National Convention.
News	6:15am; 7:15am; 8:15am	8/21/24	Live	10 Seconds	Multiple pro-Palestinian demonstrators were arrested after clashing with police during a protest that began outside the Israeli consulate and spilled out onto the surrounding streets on the second night of the Democratic National Convention.

News	6:45am; 7:45am; 8:45am	8/21/24	Live	30 Seconds	Jeremy Schrock of Tuscola is headed to prison for six years after pleading guilty to having child pornography.
News	6:45am; 7:45am; 8:45am	8/21/24	Live	30 Seconds	The Effingham County Sheriff's Office arrested 39-year-old Jerrod Estes of Teutopolis for False Personation of a Peace Officer, Unlawful Restraint, and Aggravated Battery.
News	6:15am; 7:15am; 8:15am	8/22/24	Live	10 Seconds	More than 2,000 pro-Palestinian protesters rallied just a half mile from a neighboring park where pro-Israel demonstrators gathered.
News	6:15am; 7:15am; 8:15am	8/22/24	Live	10 Seconds	Joshua Zimmerman, who was wanted on murder and armed robbery charges, has been taken into custody after a 15-hour standoff with police at a Chicago restaurant just blocks from the Democratic National Convention.
News	6:15am; 7:15am; 8:15am	8/23/24	Live	10 Seconds	Authorities say they arrested 38-year-old Christopher Davis of Sullivan August 8th ... after a state police investigation turned up images of child pornography on Davis's Yahoo account.
News	6:15am; 7:15am; 8:15am	8/23/24	Live	10 Seconds	Court records show Steven Decker pleaded guilty to a reckless driving charge ... and other charges were dismissed in conjunction with damage to a cemetery in Shelby County last year.
News	6:15am; 7:15am; 8:15am	8/23/24	Live	10 Seconds	The Illinois attorney general says more than 100-thousand dollars was taken from business in the Chicago area to Central Illinois from January to November 20-23.
News	6:45am; 7:45am; 8:45am	8/23/24	Live	30 Seconds	Authorities say they arrested 38-year-old Christopher Davis of Sullivan August 8th ... after a state police investigation turned up images of child pornography on Davis's Yahoo account.
News	6:45am; 7:45am; 8:45am	8/23/24	Live	30 Seconds	Court records show Steven Decker pleaded guilty to a reckless driving charge ... and other charges were dismissed in conjunction with damage to a cemetery in Shelby County last year.
News	6:45am; 7:45am; 8:45am	8/23/24	Live	30 Seconds	The Illinois attorney general says more than 100-thousand dollars was taken from business in the Chicago area to Central Illinois from January to November 20-23.
News	6:15am; 7:15am; 8:15am	8/28/24	Live	10 Seconds	Lonnie Glidewell of Greenup is charged with murdering Colten Oakley of Westfield in August 20-22 and is set for trial on January 21st.
News	6:45am; 7:45am; 8:45am	8/28/24	Live	30 Seconds	Lonnie Glidewell of Greenup is charged with murdering Colten Oakley of Westfield in August 20-22 and is set for trial on January 21st.
News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	University of Illinois Police want to track down the people responsible for vandalizing an auditorium on campus.
News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	Hundreds of officers will be on patrol this weekend for the Labor Day Holiday. The extra enforcement is part of the Drive Sober Get Pulled Over Campaign.
News	6:45am; 7:45am; 8:45am	8/29/24	Live	30 Seconds	University of Illinois Police want to track down the people responsible for vandalizing an auditorium on campus.
News	6:45am; 7:45am; 8:45am	8/29/24	Live	30 Seconds	Hundreds of officers will be on patrol this weekend for the Labor Day Holiday. The extra enforcement is part of the Drive Sober Get Pulled Over Campaign.
News	6:15am; 7:15am; 8:15am	9/3/24	Live	10 Seconds	Police say four people have been fatally shot on a commuter train outside Chicago yesterday.
News	6:15am; 7:15am; 8:15am	9/4/24	Live	10 Seconds	Officials say a man suspected of killing four people aboard a Chicago-area transit train shot them at close range while they were asleep.
News	6:15am; 7:15am; 8:15am	9/5/24	Live	10 Seconds	Decatur Police are trying to track down a person caught on video with part of a statue. Police believe the damage involved a statue of Abraham Lincoln.

News	6:15am; 7:15am; 8:15am	9/5/24	Live	10 Seconds	Rhanni S. Davis, the 30-year-old charged with killing four people aboard a Chicago-area transit train, must remain in custody until trial.
News	6:45am; 7:45am; 8:45am	9/5/24	Live	30 Seconds	Decatur Police are trying to track down a person caught on video with part of a statue. Police believe the damage involved a statue of Abraham Lincoln.
News	6:15am; 7:15am; 8:15am	9/9/24	Live	10 Seconds	Jason Engler, a teacher from the Okaw Valley School District, pleads "not guilty" to a series of sex crimes against a minor.
News	6:45am; 7:45am; 8:45am	9/9/24	Live	30 Seconds	Jason Engler, a teacher from the Okaw Valley School District, pleads "not guilty" to a series of sex crimes against a minor.
News	6:15am; 7:15am; 8:15am	9/12/24	Live	10 Seconds	David Parker, a former Effingham School District teacher's aide accused of battery, is sentenced to 13 days of jail time.
News	6:15am; 7:15am; 8:15am	9/12/24	Live	10 Seconds	A judge has sentenced Emonte Morgan, a man convicted of killing Chicago police officer Ella French , wounding her partner and firing at a third officer to life in prison.
News	6:45am; 7:45am; 8:45am	9/12/24	Live	30 Seconds	David Parker, a former Effingham School District teacher's aide accused of battery, is sentenced to 13 days of jail time.
News	6:15am; 7:15am; 8:15am	9/13/24	Live	10 Seconds	Decatur Police say they arrested a 13-year-old for disorderly conduct following a threat against Stephen Decatur Middle School found on social media Wednesday.
News	6:45am; 7:45am; 8:45am	9/13/24	Live	30 Seconds	Decatur Police say they arrested a 13-year-old for disorderly conduct following a threat against Stephen Decatur Middle School found on social media Wednesday.
News	6:15am; 7:15am; 8:15am	9/24/24	Live	10 Seconds	Decatur Police say they arrested a 13-year-old for disorderly conduct following a threat against Stephen Decatur Middle School found on social media Wednesday.
News	6:15am; 7:15am; 8:15am	9/24/24	Live	10 Seconds	Police will be watching over rail crossings in Illinois during Rail Safety Week in Illinois this week.
News	6:45am; 7:45am; 8:45am	9/24/24	Live	30 Seconds	Police will be watching over rail crossings in Illinois during Rail Safety Week in Illinois this week.
News	6:15am; 7:15am; 8:15am	9/25/24	Live	10 Seconds	University of Illinois Police are warning about a rash of scooter thefts.
News	6:15am; 7:15am; 8:15am	9/25/24	Live	10 Seconds	One person is in police custody after a social media threat mentions Parkland College in Champaign.
News	6:45am; 7:45am; 8:45am	9/25/24	Live	30 Seconds	University of Illinois Police are warning about a rash of scooter thefts.
News	6:15am; 7:15am; 8:15am	9/27/24	Live	10 Seconds	Malaia (Muh-lee-uh) Turner of Champaign is headed to prison for leading a Central Illinois drug smuggling scheme.
News	6:15am; 7:15am; 8:15am	9/27/24	Live	10 Seconds	Tikisha Stewart is arrested for D-U-I after a crash in Charleston.
News	6:15am; 7:15am; 8:15am	9/27/24	Live	10 Seconds	Darius Sullivan has been convicted of first-degree murder and attempted murder in the 2021 fatal shooting of one police officer and the wounding of a second in Bradley.
Issues/Attitudes	12n	8/5/24	Live	30 minutes	Interview with Coles County Sheriff Kent Martin. Policy, patrol, crime, jail etc all discussed.

5. Government

Program Title	Time	Date	Source	Length	Description
News	6:10am; 7:10am; 8:10am	7/1/24	Live	10 Seconds	The Illinois Department of Transportation along with the Illinois State Police and officers with local police and sheriff's agencies will increase patrols watching for drivers speeding and committing other traffic violations.
News	6:10am; 7:10am; 8:10am	7/1/24	Live	10 Seconds	Embaras River Basin Agency, Incorporated is accepting applications for their Skills Training Employment Program to assist individuals with training for employment opportunities.
News	6:45am; 7:45am; 8:45am	7/1/24	Live	30 Seconds	The Illinois Department of Transportation along with the Illinois State Police and officers with local police and sheriff's agencies will increase patrols watching for drivers speeding and committing other traffic violations.
News	6:10am; 7:10am; 8:10am	7/2/24	Live	10 Seconds	The Illinois State Board of Education has announced the federal eligibility guidelines for students to receive free and reduced-price lunch, breakfast, and after-school snacks for the 2024-25 school year.
News	6:10am; 7:10am; 8:10am	7/3/24	Live	10 Seconds	The Supreme Court justices on Tuesday declined to hear a challenge to an Illinois assault weapons ban.
News	6:10am; 7:10am; 8:10am	7/8/24	Live	10 Seconds	The Illinois Department of Transportation announced the replacement of a box culvert on U.S. 45 that will take place just south of Hickory Hills Lane. Work begins Monday, July 8.
News	6:10am; 7:10am; 8:10am	7/8/24	Live	10 Seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity announced that contractors can now apply for the Illinois Works Bid Credit Program.
News	6:10am; 7:10am; 8:10am	7/8/24	Live	10 Seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity launched \$30 million in funding for the Rebuild Illinois Downtowns and Main Streets Capital.
News	6:45am; 7:45am; 8:45am	7/8/24	Live	30 Seconds	The Illinois Department of Transportation announced the replacement of a box culvert on U.S. 45 that will take place just south of Hickory Hills Lane. Work begins Monday, July 8.
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News	6:10am; 7:10am; 8:10am	7/9/24	Live	10 Seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity launched \$30 million in funding for the Rebuild Illinois Downtowns and Main Streets Capital and Research in Illinois.
News	6:10am; 7:10am; 8:10am	7/9/24	Live	10 Seconds	The Illinois Department of Transportation announced the replacement of a box culvert on U.S. 45 that will take place just south of Hickory Hills Lane. Work begins Monday, July 8.
News	6:10am; 7:10am; 8:10am	7/9/24	Live	10 Seconds	Boeing will plead guilty to a criminal fraud charge stemming from two crashes of 737 Max jettliners that killed 346 people, the Justice Department said late Sunday.
News	6:10am; 7:10am; 8:10am	7/9/24	Live	10 Seconds	Agents for the U.S. Transportation Security Administration on Sunday screened 3 million airline passengers in a single day for the first time ever.
News	6:10am; 7:10am; 8:10am	7/10/24	Live	10 Seconds	The City of Decatur, Maroa-Forsyth High School Bass Fishing Team, Decatur Area Convention & Visitors Bureau of Illinois, and Village of Forsyth are sponsoring the second annual 2024 Fall Frenzy High School Bass Fishing Tournament on Lake Decatur on October 12-13.
News	6:10am; 7:10am; 8:10am	7/10/24	Live	10 Seconds	The Illinois Department of Transportation announced the delay of the replacement of a box culvert on U.S. 45 that will take place just south of Hickory Hills Lane. Work will now begin Monday, July 15.
News	6:45am; 7:45am; 8:45am	7/10/24	Live	30 Seconds	The City of Decatur, Maroa-Forsyth High School Bass Fishing Team, Decatur Area Convention & Visitors Bureau of Illinois, and Village of Forsyth are sponsoring the second annual 2024 Fall Frenzy High School Bass Fishing Tournament on Lake Decatur on October 12-13.
News	6:45am; 7:45am; 8:45am	7/10/24	Live	30 Seconds	The Illinois Department of Transportation announced the delay of the replacement of a box culvert on U.S. 45 that will take place just south of Hickory Hills Lane. Work will now begin Monday, July 15.
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	William "Sam" McCann, a former Illinois state senator and candidate for governor, will spend 3 1/2 years in prison after pleading guilty in federal court to fraudulent use of campaign funds, money laundering and tax evasion.
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	The Biden administration is awarding nearly \$2 billion in grants to help restart or expand electric vehicle manufacturing and assembly sites in eight states, including Illinois.
News	6:10am; 7:10am; 8:10am	7/12/24	Live	10 Seconds	Governor JB Pritzker signed legislation Wednesday that puts new controls on the state's health insurance industry, including bans on certain practices companies have used to reduce costs by controlling the amount of health care services a patient receives, according to Capital News Illinois.
News	6:10am; 7:10am; 8:10am	7/15/24	Live	10 Seconds	The Illinois Department of Transportation announced the partial closure of the Fayette Avenue/Maple Street intersection in Effingham beginning today.
News	6:10am; 7:10am; 8:10am	7/15/24	Live	10 Seconds	A Chicago official says homeless people are being moved from a large encampment to a shelter so the area will be emptied before the Democratic National Convention in August.
News	6:45am; 7:45am; 8:45am	7/15/24	Live	30 Seconds	The Illinois Department of Transportation announced the partial closure of the Fayette Avenue/Maple Street intersection in Effingham beginning today.
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News	6:10am; 7:10am; 8:10am	7/16/24	Live	10 Seconds	Nominating papers for Two City of Charleston Council positions will be available for pick-up starting on Tuesday, July 30 th .
News	6:45am; 7:45am; 8:45am	7/16/24	Live	30 Seconds	Nominating papers for Two City of Charleston Council positions will be available for pick-up starting on Tuesday, July 30 th .
News	6:10am; 7:10am; 8:10am	7/17/24	Live	10 Seconds	Some House Democrats are wary of swiftly nominating President Joe Biden as the party's pick for reelection.
News	6:45am; 7:45am; 8:45am	7/17/24	Live	30 Seconds	Some House Democrats are wary of swiftly nominating President Joe Biden as the party's pick for reelection.

News	6:10am; 7:10am; 8:10am	7/18/24	Live	10 Seconds	The Illinois Department of Transportation announced that a pavement preservation project will begin today on Illinois 128 from Illinois 33 in Beecher City to the Shelby County line.
News	6:10am; 7:10am; 8:10am	7/18/24	Live	10 Seconds	Decatur Public Library was awarded \$5000 of grant funding by the Illinois State Historical Records Advisory Board to support the Railroad Map Digitization Project, a project to photograph over 130 railroad maps and make them available online.
News	6:10am; 7:10am; 8:10am	7/18/24	Live	10 Seconds	Democrats worried about President Joe Biden's ability to win this November are making a renewed push for him to reconsider his reelection bid.
News	6:45am; 7:45am; 8:45am	7/18/24	Live	30 Seconds	Democrats worried about President Joe Biden's ability to win this November are making a renewed push for him to reconsider his reelection bid.
News	6:10am; 7:10am; 8:10am	7/19/24	Live	10 Seconds	Nominating papers for Two City of Charleston Council positions will be available for pick-up starting on Tuesday, July 30th.
News	6:10am; 7:10am; 8:10am	7/19/24	Live	10 Seconds	Critical days ahead, President Joe Biden is facing the stark reality that many Democrats at the highest levels want him to consider how stepping aside from the 2024 election to make way for a new nominee atop the ticket could be the party's best chance of preventing widespread losses in November.
News	6:45am; 7:45am; 8:45am	7/19/24	Live	30 Seconds	Nominating papers for Two City of Charleston Council positions will be available for pick-up starting on Tuesday, July 30th.
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	President Joe Biden's decision to step down as the Democratic Party's presumptive nominee for president has opened the door for his running mate Vice President Kamala Harris.
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	Nominating papers for Two City of Charleston Council positions will be available for pick-up starting on Tuesday, July 30th.
News	6:10am; 7:10am; 8:10am	7/22/24	Live	10 Seconds	Illinois Governor J.B. Pritzker is a candidate for the Democratic nomination for President.
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News	6:10am; 7:10am; 8:10am	7/23/24	Live	10 Seconds	Illinois Governor J.B. Pritzker is a candidate for the Democratic nomination for President.
News	6:10am; 7:10am; 8:10am	7/23/24	Live	10 Seconds	Legislation initiatives championed by Illinois Secretary of State Alexi Giannoulias aimed at preventing the theft of catalytic converters and improving road safety were signed into law by Illinois Governor JB Pritzker.
News	6:45am; 7:45am; 8:45am	7/23/24	Live	30 Seconds	An Associated Press survey shows Vice President Kamala Harris has more than enough support among delegates to win the Presidential nomination.
News	6:10am; 7:10am; 8:10am	7/23/24	Live	10 Seconds	Legislation initiatives championed by Illinois Secretary of State Alexi Giannoulias aimed at preventing the theft of catalytic converters and improving road safety were signed into law by Illinois Governor JB Pritzker.
News	6:10am; 7:10am; 8:10am	7/25/24	Live	10 Seconds	Organizers of next month's Democratic National Convention in Chicago are tossing out their script, with the Party having a new nominee.
News	6:10am; 7:10am; 8:10am	7/25/24	Live	10 Seconds	Nominating papers for Two City of Charleston Council positions will be available for pick-up starting on Tuesday, July 30th.
News	6:45am; 7:45am; 8:45am	7/25/24	Live	30 Seconds	Organizers of next month's Democratic National Convention in Chicago are tossing out their script, with the Party having a new nominee.
News	6:45am; 7:45am; 8:45am	7/25/24	Live	30 Seconds	Nominating papers for Two City of Charleston Council positions will be available for pick-up starting on Tuesday, July 30th.
News	6:10am; 7:10am; 8:10am	7/26/24	Live	10 Seconds	President Joe Biden has signed into law a bill strengthening oversight of the crisis-plagued federal Bureau of Prisons after The Associated Press exposed systemic corruption and abuse in the prison system.
News	6:10am; 7:10am; 8:10am	7/30/24	Live	10 Seconds	Christopher Johnson was appointed as the special agent in charge of the FBI Springfield Field Office in Illinois.
News	6:10am; 7:10am; 8:10am	7/30/24	Live	10 Seconds	Former President Donald Trump is planning to attend the National Association of Black Journalists' annual convention in Chicago today.
News	6:45am; 7:45am; 8:45am	7/30/24	Live	30 Seconds	Christopher Johnson was appointed as the special agent in charge of the FBI Springfield Field Office in Illinois.
News	6:10am; 7:10am; 8:10am	8/1/24	Live	10 Seconds	The City of Charleston has appointed Tim Meister as the new Fire Chief and Ryan Berkheimer has been promoted to the Assistant Fire Chief position.
News	6:45am; 7:45am; 8:45am	8/1/24	Live	30 Seconds	The City of Charleston has appointed Tim Meister as the new Fire Chief and Ryan Berkheimer has been promoted to the Assistant Fire Chief position.
News	6:10am; 7:10am; 8:10am	8/2/24	Live	10 Seconds	Attorney General Kwame Raoul announced a settlement with Elite Staffing Inc. that resolves allegations that Elite entered into no-poach agreements and engaged in wage fixing with two other staffing agencies.
News	6:45am; 7:45am; 8:45am	8/2/24	Live	30 Seconds	Attorney General Kwame Raoul announced a settlement with Elite Staffing Inc. that resolves allegations that Elite entered into no-poach agreements and engaged in wage fixing with two other staffing agencies.
News	6:10am; 7:10am; 8:10am	8/5/24	Live	10 Seconds	Illinois Governor J.B. Pritzker is among the 6 people that are being interview to be Vice President Kamala Harris' running mate for President.
News	6:45am; 7:45am; 8:45am	8/5/24	Live	30 Seconds	Illinois Governor J.B. Pritzker is among the 6 people that are being interview to be Vice President Kamala Harris' running mate for President.
News	6:10am; 7:10am; 8:10am	8/6/24	Live	10 Seconds	The Coles County Highway Department is announcing that County Highway 16 will be closed between the intersections of 500E more commonly known as Skyline Springs Road and 600E starting Wednesday.
News	6:10am; 7:10am; 8:10am	8/6/24	Live	10 Seconds	Democratic delegates have selected Vice President Kamala Harris to be the party's presidential nominee.
News	6:45am; 7:45am; 8:45am	8/6/24	Live	30 Seconds	The Coles County Highway Department is announcing that County Highway 16 will be closed between the intersections of 500E more commonly known as Skyline Springs Road and 600E starting Wednesday.
News	6:10am; 7:10am; 8:10am	8/7/24	Live	10 Seconds	The Illinois Department of Transportation announced today that the application period for the Illinois Transportation Enhancement Program is now open.

News	6:45am; 7:45am; 8:45am	8/7/24	Live	30 Seconds	The Illinois Department of Transportation announced today that the application period for the Illinois Transportation Enhancement Program is now open.
News	6:10am; 7:10am; 8:10am	8/8/24	Live	10 Seconds	Illinois Governor JB Pritzker called for the resignation of Jack Campbell, the sheriff whose deputy fatally wounded Sonya Massey in her home last month after the Black woman called 911 for help.
News	6:45am; 7:45am; 8:45am	8/8/24	Live	30 Seconds	Illinois Governor JB Pritzker called for the resignation of Jack Campbell, the sheriff whose deputy fatally wounded Sonya Massey in her home last month after the Black woman called 911 for help.
News	6:10am; 7:10am; 8:10am	8/9/24	Live	10 Seconds	Charleston Public Works repaired a water main leak yesterday, closing University Avenue from Lincoln Avenue to Grant Avenue.
News	6:10am; 7:10am; 8:10am	8/9/24	Live	10 Seconds	Attorney General Kwame Raoul encourages Illinois families to visit his office's tent at the 2024 Illinois State Fair.
News	6:10am; 7:10am; 8:10am	8/9/24	Live	10 Seconds	Illinois Secretary of State Alexi Giannoulias is encouraging 2024 Illinois State Fair attendees to visit the office's tent to check out its new "food truck" DMV and take advantage of enhanced services.
News	6:45am; 7:45am; 8:45am	8/9/24	Live	30 Seconds	Charleston Public Works repaired a water main leak yesterday, closing University Avenue from Lincoln Avenue to Grant Avenue.
News	6:45am; 7:45am; 8:45am	8/9/24	Live	30 Seconds	Attorney General Kwame Raoul encourages Illinois families to visit his office's tent at the 2024 Illinois State Fair.
News	6:10am; 7:10am; 8:10am	8/13/24	Live	10 Seconds	The Charleston City Council will meet in regular session tonight at 6:30 at City Hall.
News	6:10am; 7:10am; 8:10am	8/13/24	Live	10 Seconds	Attorney General Kwame Raoul announced his legislation to increase accessibility to the Illinois Crime Victims Compensation Program was signed into law.
News	6:10am; 7:10am; 8:10am	8/13/24	Live	10 Seconds	Governor JB Pritzker signed legislation to clarify that Illinois' child pornography laws apply to images and videos created by artificial intelligence (AI) technology.
News	6:10am; 7:10am; 8:10am	8/13/24	Live	10 Seconds	With the Democratic National Convention coming to town next week, construction crews in Chicago scrambled to open the state-of-the-art station near the United Center before delegates arrive.
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News	6:10am; 7:10am; 8:10am	8/14/24	Live	10 Seconds	Attorney General Kwame Raoul urged timeshare owners trying to sell the properties to be on the lookout for resale scams.
News	6:45am; 7:45am; 8:45am	8/14/24	Live	30 Seconds	Attorney General Kwame Raoul urged timeshare owners trying to sell the properties to be on the lookout for resale scams.
News	6:10am; 7:10am; 8:10am	8/14/24	Live	10 Seconds	The City of Charleston announces the beginning Monday August 19th through Friday August 23 rd North 12 Street from IL Route 130 to Locust Avenue will be closed for the demolition of a residential structure.
News	6:10am; 7:10am; 8:10am	8/15/24	Live	10 Seconds	President Joe Biden is expected to sign a proclamation designating a national monument in Springfield, Illinois, at the site of a 1908 race riot that later fueled the formation of the NAACP.
News	6:45am; 7:45am; 8:45am	8/15/24	Live	30 Seconds	The City of Charleston announces the beginning Monday August 19th through Friday August 23 rd North 12 Street
News	6:10am; 7:10am; 8:10am	8/16/24	Live	10 Seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity (DCEO) announced a pivotal \$20 million commitment to further elevate Illinois' position as a national leader in technology and innovation.
News	6:10am; 7:10am; 8:10am	8/16/24	Live	10 Seconds	The Illinois Department of Transportation announced that nearly \$9.5 million is being invested via 20 grants for local initiatives and activities.
News	6:10am; 7:10am; 8:10am	8/16/24	Live	10 Seconds	Chicago's police superintendent Larry Snelling is touting extensive officer training as a critical part of the city's preparations for the Democratic National Convention next week.
News	6:45am; 7:45am; 8:45am	8/16/24	Live	30 Seconds	Governor JB Pritzker and the Illinois Department of Commerce and Economic Opportunity (DCEO) announced a pivotal \$20 million commitment to further elevate Illinois' position as a national leader in technology and innovation.
News	6:45am; 7:45am; 8:45am	8/16/24	Live	30 Seconds	The Illinois Department of Transportation announced that nearly \$9.5 million is being invested via 20 grants for local initiatives and activities.
News	6:15am; 7:15am; 8:15am	8/20/24	Live	10 Seconds	The Democratic National Convention heads into its second day on Tuesday.
News	6:15am; 7:15am; 8:15am	8/21/24	Live	10 Seconds	Multiple pro-Palestinian demonstrators were arrested after clashing with police during a protest that began outside the Israeli consulate and spilled out onto the surrounding streets on the second night of the Democratic National Convention.
News	6:15am; 7:15am; 8:15am	8/22/24	Live	10 Seconds	The Charleston city council approved plans for an indoor storage facility ... with pickleball courts at the Old Walmart on Lincoln Avenue.
News	6:45am; 7:45am; 8:45am	8/22/24	Live	30 Seconds	The Charleston city council approved plans for an indoor storage facility ... with pickleball courts at the Old Walmart on Lincoln Avenue.
News	6:15am; 7:15am; 8:15am	8/23/24	Live	10 Seconds	As attendees filtered out of the Democratic National Convention on its final night, they were met with the chants of pro-Palestinian protesters calling for the party to do more to end the war in Gaza.
News	6:15am; 7:15am; 8:15am	8/23/24	Live	10 Seconds	The Democratic National Convention's fourth and final night Thursday ended with a speech from Vice President Kamala Harris, who accepted the Presidential nomination.
News	6:15am; 7:15am; 8:15am	8/23/24	Live	10 Seconds	The Illinois attorney general says more than 100-thousand dollars was taken from business in the Chicago area to Central Illinois from January to November 20-23.
News	6:45am; 7:45am; 8:45am	8/23/24	Live	30 Seconds	The Illinois attorney general says more than 100-thousand dollars was taken from business in the Chicago area to Central Illinois from January to November 20-23.

News	6:15am; 7:15am; 8:15am	8/26/24	Live	10 Seconds	The Charleston city council approved the purchase of 100 North 5th Street ... which used to house the Total Grain Marketing elevator for around 188-thousand dollars.
News	6:15am; 7:15am; 8:15am	8/26/24	Live	10 Seconds	The Coles County highway department says work will start on County Highway Five ... also known as Hutton Road ... on Tuesday ... September 3rd. The project includes widening and resurface work ... along with gutter replacement.
News	6:45am; 7:45am; 8:45am	8/26/24	Live	30 Seconds	The Charleston city council approved the purchase of 100 North 5th Street ... which used to house the Total Grain Marketing elevator for around 188-thousand dollars.
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News	6:15am; 7:15am; 8:15am	8/27/24	Live	10 Seconds	The Effingham County animal shelter and control is under a Code Red meaning they're full with no open kennels.
News	6:15am; 7:15am; 8:15am	8/27/24	Live	10 Seconds	The government is once again offering free COVID tests ... treatments ... and vaccines.
News	6:15am; 7:15am; 8:15am	8/27/24	Live	10 Seconds	The Education Department is promising to fix problems with the federal financial aid form known as FAFSA.
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News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	Beginning Tuesday ... September 3rd ... the public can submit their new Illinois State flag designs to the Illinois Flag Commission.
News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	The Illinois Department of Public Health says a person died from the West Nile Virus in Lake County ... in northern Illinois.
News	6:45am; 7:45am; 8:45am	8/29/24	Live	30 Seconds	Beginning Tuesday ... September 3rd ... the public can submit their new Illinois State flag designs to the Illinois Flag Commission.
News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	After a long summer of technical glitches, most of America's prospective college students finally applied for federal financial aid — an annual process upended by a redesign-gone-bad.
News	6:45am; 7:45am; 8:45am	8/29/24	Live	30 Seconds	After a long summer of technical glitches, most of America's prospective college students finally applied for federal financial aid — an annual process upended by a redesign-gone-bad.
News	6:15am; 7:15am; 8:15am	9/4/24	Live	10 Seconds	The Village of Arthur is getting ready to say "goodbye" to its police chief Michael Goodman with an open house in his honor on September 28th at the community building starting at two.
News	6:15am; 7:15am; 8:15am	9/4/24	Live	10 Seconds	A federal judge has ruled that an Illinois law banning the concealed carry of firearms on public transit is unconstitutional.
News	6:45am; 7:45am; 8:45am	9/4/24	Live	30 Seconds	The Village of Arthur is getting ready to say "goodbye" to its police chief Michael Goodman with an open house in his honor on September 28th at the community building starting at two.
News	6:15am; 7:15am; 8:15am	9/5/24	Live	10 Seconds	The Champaign City Council voted to continue funding a deal between city and university police for two more years.
News	6:45am; 7:45am; 8:45am	9/5/24	Live	30 Seconds	The Champaign City Council voted to continue funding a deal between city and university police for two more years.
News	6:15am; 7:15am; 8:15am	9/6/24	Live	10 Seconds	The City of Marshall said Robert Lovell will be the acting mayor after the former mayor resigned.
News	6:15am; 7:15am; 8:15am	9/10/24	Live	10 Seconds	Governor JB Pritzker and the Illinois Department of Transportation announced \$25.3 million in grants to build charging stations along interstate corridors through the initial round of funding made available from the National Electric Vehicle Infrastructure Program.
News	6:15am; 7:15am; 8:15am	9/11/24	Live	10 Seconds	The City of Charleston announces that Lover's Lane will be closed the week of September 23rd from Reynolds Drive to Cortland Drive.
News	6:15am; 7:15am; 8:15am	9/11/24	Live	10 Seconds	Effingham County officials have launched the Emergency Displaced Victims Fund to provide aid to those who have been affected by disasters, such as fires.
News	6:15am; 7:15am; 8:15am	9/11/24	Live	10 Seconds	The union representing state prison workers is seeking a federal court order that the Illinois Department of Corrections ensure the rights and safety of employees as it closes the aging maximum-security Stateville prison near Chicago.
News	6:45am; 7:45am; 8:45am	9/11/24	Live	30 Seconds	The City of Charleston announces that Lover's Lane will be closed the week of September 23rd from Reynolds Drive to Cortland Drive.
News	6:45am; 7:45am; 8:45am	9/11/24	Live	30 Seconds	Effingham County officials have launched the Emergency Displaced Victims Fund to provide aid to those who have been affected by disasters, such as fires.
News	6:15am; 7:15am; 8:15am	9/12/24	Live	10 Seconds	The Coles County Board voted to approve a one million dollar bond for capital improvements.
News	6:15am; 7:15am; 8:15am	9/12/24	Live	10 Seconds	Attorneys General for 42 states ... including Illinois and Indiana ... signed a letter to congress saying there should be a surgeon general warning label on social media apps.
News	6:45am; 7:45am; 8:45am	9/12/24	Live	30 Seconds	The Coles County Board voted to approve a one million dollar bond for capital improvements.
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News	6:15am; 7:15am; 8:15am	9/13/24	Live	10 Seconds	Election day is less two months away ... but voters in Illinois can begin early voting on Thursday ... September 26th.
News	6:15am; 7:15am; 8:15am	9/13/24	Live	10 Seconds	When the presidential election is certified on Capitol Hill January sixth ... more security will be on hand.

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News	6:15am; 7:15am; 8:15am	9/23/24	Live	10 Seconds	The Illinois State Board of Elections says all registered voters can cast ballots as soon as 40 days prior to the general election.
News	6:15am; 7:15am; 8:15am	9/23/24	Live	10 Seconds	The City of Charleston announces that 11th Street will be closed from Lincoln Avenue to Buchanan Avenue from 7 am to 4 pm today for storm sewer construction.
News	6:15am; 7:15am; 8:15am	9/23/24	Live	10 Seconds	The Illinois Department of Corrections has spent September moving hundreds of inmates from Stateville Correctional Center in suburban Chicago in preparation for replacing the century-old lockup.
News	6:15am; 7:15am; 8:15am	9/23/24	Live	10 Seconds	Attorney General Kwame Raoul, as part of a coalition of 12 attorneys general, is calling on members of Congress to take action to stop gun trafficking from the U.S. to Caribbean countries.
News	6:45am; 7:45am; 8:45am	9/23/24	Live	30 Seconds	An odor of burnt marijuana doesn't justify a search of a car ... without a warrant in Illinois, according to a ruling from the Illinois Supreme Court.
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News	6:15am; 7:15am; 8:15am	9/24/24	Live	10 Seconds	The Coles County Jail gets a passing grade on its annual inspection.
News	6:15am; 7:15am; 8:15am	9/24/24	Live	10 Seconds	The Charleston Branch of the D-M-V on E Street re-opened yesterday with a ribbon cutting ceremony.
News	6:15am; 7:15am; 8:15am	9/24/24	Live	10 Seconds	The Food and Drug Administration has given the nod to the first influenza vaccine that doesn't have to be given by a healthcare provider.
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News	6:15am; 7:15am; 8:15am	9/25/24	Live	10 Seconds	The Illinois Department of Transportation says the railroad crossing on U-S 45 in Neoga will be under construction until Noon today.
News	6:15am; 7:15am; 8:15am	9/25/24	Live	10 Seconds	The government is once again handing out FREE COVID tests because of a rise in the X-E-C COVID variant.
News	6:15am; 7:15am; 8:15am	9/25/24	Live	10 Seconds	The Illinois Department of Labor and the State Fire Marshal will be performing inspections on haunted houses across the state before they open.
News	6:15am; 7:15am; 8:15am	9/25/24	Live	10 Seconds	Capitol News Illinois reports the state's 20-19 law legalizing recreational marijuana set up strict rules aimed at providing opportunities for underrepresented populations.
News	6:45am; 7:45am; 8:45am	9/25/24	Live	30 Seconds	The Illinois Department of Transportation says the railroad crossing on U-S 45 in Neoga will be under construction until Noon today.
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News	6:15am; 7:15am; 8:15am	9/26/24	Live	10 Seconds	According to Capitol News Illinois ... the Illinois Supreme Court says Illinois State Police can revoke a person's FOID card once they've been charged with a felony.
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News	6:15am; 7:15am; 8:15am	9/27/24	Live	10 Seconds	The United States Postal Service says it plans to raise stamp prices five times over the next three years.
News	6:15am; 7:15am; 8:15am	9/30/24	Live	10 Seconds	Americans can now order their free tests from COVID tests dot gov.
News	6:15am; 7:15am; 8:15am	9/30/24	Live	10 Seconds	Voters in Mattoon are set to consider adopting a city manager form of government.
News	6:15am; 7:15am; 8:15am	9/30/24	Live	10 Seconds	Capitol News Illinois reports local election officials have started sending out mail ballots.
News	6:15am; 7:15am; 8:15am	9/30/24	Live	10 Seconds	The Consumer Product Safety Commission says they have received reports of John Deere tractors failing to brake ... causing a crash hazard.
News	6:45am; 7:45am; 8:45am	9/30/24	Live	30 Seconds	Americans can now order their free tests from COVID tests dot gov.
News	6:45am; 7:45am; 8:45am	9/30/24	Live	30 Seconds	Voters in Mattoon are set to consider adopting a city manager form of government.
Issues/ Attitudes	12n	9/23/24	Live	30 munutes.	Interview with Mattoon's Alex Benishek - Community Development and Planning Director at City of Mattoon
Issues/ Attitudes	12n	9/16/24	Live	30 munutes.	Interview with Todd Foster, Charleston Area Churches Food Pantry and Matthew 25. Homelessness main topic.
Issues/ Attitudes	12n	8/12/24	Live	30 munutes.	Interview with Charleston Chamber CEO Colleen Peterich. New to the position - her goals, vision and community events all discussed.
Issues/ Attitudes	12n	7/29/24	Live	30 munutes.	Interview with Ed Dowd and Carolyb Cloyd from Mattoon Chamber of Commerce. Run for the Fallen, Sports complex, new business and community events all discussed.
Issues/ Attitudes	12n	7/8/24	Live	30 munutes.	Interview with Mattoon Tourism Director Angelia Burgett on Bagelfest 24, and other Mattoon tourism events.

6. Health

Program Title	Time	Date	Source	Length	Description
Health In A Heartbeat	11:50am	7/1/24	Recorded	2 Minutes	Researchers' ability to track plaque in brains may aid against Alzheimer's
News	6:10am; 7:10am; 8:10am	7/2/24	Live	10 Seconds	The ROSC Council in Coles County is launching a 12-month Anti-Stigma Campaign titled "We Can and Do Recover."
News	6:45am; 7:45am; 8:45am	7/2/24	Live	30 Seconds	The ROSC Council in Coles County is launching a 12-month Anti-Stigma Campaign titled "We Can and Do Recover."
Health In A Heartbeat	11:50am	7/2/24	Recorded	2 Minutes	There are microplastics in human and animal testes
Health In A Heartbeat	11:50am	7/3/24	Recorded	2 Minutes	Have we evolved beyond the need to eat meat?
Health In A Heartbeat	11:50am	7/4/24	Recorded	2 Minutes	Blueberries are the perfect summer snack.
Health In A Heartbeat	11:50am	7/5/24	Recorded	2 Minutes	Social media may exacerbate depression, but not cause it
News	6:10am; 7:10am; 8:10am	7/8/24	Live	10 Seconds	The ROSC Council in Coles County is launching a 12-month Anti-Stigma Campaign titled "We Can and Do Recover."
News	6:45am; 7:45am; 8:45am	7/8/24	Live	30 Seconds	The ROSC Council in Coles County is launching a 12-month Anti-Stigma Campaign titled "We Can and Do Recover."
Health In A Heartbeat	11:50am	7/8/24	Recorded	2 Minutes	High numbers of teens and young adults drive while sleepy
Health In A Heartbeat	11:50am	7/9/24	Recorded	2 Minutes	Gut bacteria may alter our sense of fair play
Health In A Heartbeat	11:50am	7/10/24	Recorded	2 Minutes	There are no givens in the longevity sweepstakes, so do your part to stay healthy
News	6:10am; 7:10am; 8:10am	7/11/24	Live	10 Seconds	The SBL Health Foundation gave the Soaring Eagle Award to Dan and Jeanne Cunningham at its annual Inner Circle dinner in June.
Health In A Heartbeat	11:50am	7/11/24	Recorded	2 Minutes	Screenings you need to keep your heart healthy
Health In A Heartbeat	11:50am	7/12/24	Recorded	2 Minutes	For the first time, more Americans light up or vape rather than drinking a beer
Health In A Heartbeat	11:50am	7/15/24	Recorded	2 Minutes	Girls' menstrual periods are starting earlier in life. Why?
News	6:10am; 7:10am; 8:10am	7/16/24	Live	10 Seconds	Sarah Bush Lincoln Dental Program received a \$105,000 federal grant to expand its tele-dentistry program to provide dental care to more at-risk children in its 10-county service area.
News	6:45am; 7:45am; 8:45am	7/16/24	Live	30 Seconds	Sarah Bush Lincoln Dental Program received a \$105,000 federal grant to expand its tele-dentistry program to provide dental care to more at-risk children in its 10-county service area.
Health In A Heartbeat	11:50am	7/16/24	Recorded	2 Minutes	U-Pick farms are a great way to spend a summer day
Health In A Heartbeat	11:50am	7/17/24	Recorded	2 Minutes	Pollution kills more people than all other threats combined.
Health In A Heartbeat	11:50am	7/18/24	Recorded	2 Minutes	Screams of joy are the most frequently misinterpreted
Health In A Heartbeat	11:50am	7/19/24	Recorded	2 Minutes	Want an easy change to extend your life? Take the stairs
Health In A Heartbeat	11:50am	7/22/24	Recorded	2 Minutes	If you frequently go on about all your stress at work, it may not go over well
Health In A Heartbeat	11:50am	7/23/24	Recorded	2 Minutes	Finding may lead to better-tasting medicines for kids
News	6:10am; 7:10am; 8:10am	7/24/24	Live	10 Seconds	Horizon Health will hold their 10th annual "Back to School Bang" on Friday, August 2.
Health In A Heartbeat	11:50am	7/24/24	Recorded	2 Minutes	UV safety tips for July
Health In A Heartbeat	11:50am	7/25/24	Recorded	2 Minutes	More young adults get colon cancer. Here are warning signs.
Health In A Heartbeat	11:50am	7/26/24	Recorded	2 Minutes	Diet and how it affects our brains.
News	6:10am; 7:10am; 8:10am	7/29/24	Live	10 Seconds	The ROSC Council in Coles County is launching a 12-month Anti-Stigma Campaign titled "We Can and Do Recover."
News	6:45am; 7:45am; 8:45am	7/29/24	Live	30 Seconds	The ROSC Council in Coles County is launching a 12-month Anti-Stigma Campaign titled "We Can and Do Recover."
Health In A Heartbeat	11:50am	7/29/24	Recorded	2 Minutes	Babies and smart gadgets = a bad mix
News	6:10am; 7:10am; 8:10am	7/30/24	Live	10 Seconds	Horizon Health will sponsor its 10 th annual "Back to School Bang" on Friday, August 2 from 4:30 to 7:30 pm at the Horizon Health main campus in Paris.
News	6:45am; 7:45am; 8:45am	7/30/24	Live	30 Seconds	Horizon Health will sponsor its 10 th annual "Back to School Bang" on Friday, August 2 from 4:30 to 7:30 pm at the Horizon Health main campus in Paris.
Health In A Heartbeat	11:50am	7/30/24	Recorded	2 Minutes	PTSD is on the rise among the college set.
News	6:10am; 7:10am; 8:10am	7/31/24	Live	10 Seconds	The American Red Cross is in need of 10 additional blood donors at the Arcola Community Center blood drive on Friday, August 2nd from 12:30-5:30pm.

News	6:45am; 7:45am; 8:45am	7/31/24	Live	30 Seconds	The American Red Cross is in need of 10 additional blood donors at the Arcola Community Center blood drive on Friday, August 2nd from 12:30-5:30pm.
Health In A Heartbeat	11:50am	7/31/24	Recorded	2 Minutes	Parents: You may get through to your kids more than you think
News	6:10am; 7:10am; 8:10am	8/1/24	Live	10 Seconds	Sarah Bush Lincoln was named a High Performing Hospital by the U.S. News and World Report for five areas of care - heart failure, Chronic Obstructive Pulmonary Disease, pneumonia, hip fracture and back surgery.
News	6:45am; 7:45am; 8:45am	8/1/24	Live	30 Seconds	Sarah Bush Lincoln was named a High Performing Hospital by the U.S. News and World Report for five areas of care - heart failure, Chronic Obstructive Pulmonary Disease, pneumonia, hip fracture and back surgery.
Health In A Heartbeat	11:50am	8/1/24	Recorded	2 Minutes	Alcohol and planes a bad mix
News	6:10am; 7:10am; 8:10am	8/2/24	Live	10 Seconds	A deadly food poisoning outbreak has led to the recall of more than 7 million pounds of Boar's Head deli meats made at a plant in Virginia.
News	6:45am; 7:45am; 8:45am	8/2/24	Live	30 Seconds	A deadly food poisoning outbreak has led to the recall of more than 7 million pounds of Boar's Head deli meats made at a plant in Virginia.
Health In A Heartbeat	11:50am	8/2/24	Recorded	2 Minutes	A daily aspirin isn't good for everyone
News	6:10am; 7:10am; 8:10am	8/5/24	Live	10 Seconds	The struggling drugstore chain Walgreens will get about \$1.1 billion for selling another slice of its stake in drug distributor Cencora.
News	6:45am; 7:45am; 8:45am	8/5/24	Live	30 Seconds	The struggling drugstore chain Walgreens will get about \$1.1 billion for selling another slice of its stake in drug distributor Cencora.
Health In A Heartbeat	11:50am	8/5/24	Recorded	2 Minutes	Grocery shopping's a mix of good and bad choices
News	6:10am; 7:10am; 8:10am	8/6/24	Live	10 Seconds	The American Red Cross is experiencing an emergency blood shortage as the nation faces dangerous levels of heat and people head out for final summer travel plans.
News	6:45am; 7:45am; 8:45am	8/6/24	Live	30 Seconds	The American Red Cross is experiencing an emergency blood shortage as the nation faces dangerous levels of heat and people head out for final summer travel plans.
Health In A Heartbeat	11:50am	8/6/24	Recorded	2 Minutes	Dancers are less neurotic than those who don't dance
News	6:10am; 7:10am; 8:10am	8/7/24	Live	10 Seconds	Sarah Bush Lincoln has acquired a da Vinci 5, the latest robotic surgical system available, becoming the first hospital in the state to have this technology, and the only hospital at this time.
News	6:10am; 7:10am; 8:10am	8/7/24	Live	10 Seconds	The ARCH 3 air medical crew recently reunited with Bianca Miller, a patient recovering from a life-threatening UTV accident this summer.
News	6:45am; 7:45am; 8:45am	8/7/24	Live	30 Seconds	Sarah Bush Lincoln has acquired a da Vinci 5, the latest robotic surgical system available, becoming the first hospital in the state to have this technology, and the only hospital at this time.
News	6:45am; 7:45am; 8:45am	8/7/24	Live	30 Seconds	The ARCH 3 air medical crew recently reunited with Bianca Miller, a patient recovering from a life-threatening UTV accident this summer.
Health In A Heartbeat	11:50am	8/7/24	Recorded	2 Minutes	Coffee appears to offset health dangers posed by sitting
News	6:10am; 7:10am; 8:10am	8/8/24	Live	10 Seconds	J&J Ventures of Effingham recently donated \$10,000 to Friends & Families of Sarah Bush Lincoln Fayette County Hospital to benefit the new medical office pavilion under construction on the hospital's main campus in Vandalia.
News	6:10am; 7:10am; 8:10am	8/8/24	Live	10 Seconds	A new report shows the number of monthly abortions in the U.S. went up slightly in the first three months of 2024 compared with before the Supreme Court overturned Roe V. Wade.
News	6:45am; 7:45am; 8:45am	8/8/24	Live	30 Seconds	J&J Ventures of Effingham recently donated \$10,000 to Friends & Families of Sarah Bush Lincoln Fayette County Hospital to benefit the new medical office pavilion under construction on the hospital's main campus in Vandalia.
Health In A Heartbeat	11:50am	8/8/24	Recorded	2 Minutes	ER visits for heat troubles are up
Health In A Heartbeat	11:50am	8/9/24	Recorded	2 Minutes	Fake meat may be good for heart health
News	6:10am; 7:10am; 8:10am	8/12/24	Live	10 Seconds	Seven Sarah Bush Lincoln services are relocating to the SBL Lincoln Avenue Building, located at 700 West Lincoln Avenue in Charleston, in late August.
News	6:45am; 7:45am; 8:45am	8/12/24	Live	30 Seconds	Seven Sarah Bush Lincoln services are relocating to the SBL Lincoln Avenue Building, located at 700 West Lincoln Avenue in Charleston, in late August.
Health In A Heartbeat	11:50am	8/12/24	Recorded	2 Minutes	Internet addicted kids show behavioral problems and their brains literally aren't working
Health In A Heartbeat	11:50am	8/13/24	Recorded	2 Minutes	Before school starts, get your kids' eyes checked
Health In A Heartbeat	11:50am	8/14/24	Recorded	2 Minutes	Women's death risk lowered 23% by Mediterranean diet

Health In A Heartbeat	11:50am	8/15/24	Recorded	2 Minutes	Not sleeping enough is terrible for your memory
Health In A Heartbeat	11:50am	8/16/24	Recorded	2 Minutes	Someday, shapeshifting microbots might floss for you
News	6:15am; 7:15am; 8:15am	8/19/24	Live	10 Seconds	The Coles County Relay For Life Don't Stop Believin' For a Cure will be on Saturday starting at 5:00 p.m. at Mattoon's Peterson Park.
News	6:15am; 7:15am; 8:15am	8/19/24	Live	10 Seconds	Experts recommend that if your child has a fever, keep them home from school until the fever is gone for 24 hours without medication.
News	6:45am; 7:45am; 8:45am	8/19/24	Live	30 Seconds	The Coles County Relay For Life Don't Stop Believin' For a Cure will be on Saturday starting at 5:00 p.m. at Mattoon's Peterson Park.
Health In A Heartbeat	11:50am	8/19/24	Recorded	2 Minutes	Biological clocks might affect how blood pressure meds work
News	6:15am; 7:15am; 8:15am	8/20/24	Live	10 Seconds	Sarah Bush Lincoln has earned what's called the Magnet Recognition Designation ... putting it in the top ten percent of hospitals in the U.S
News	6:45am; 7:45am; 8:45am	8/20/24	Live	30 Seconds	Sarah Bush Lincoln has earned what's called the Magnet Recognition Designation ... putting it in the top ten percent of hospitals in the U.S
Health In A Heartbeat	11:50am	8/20/24	Recorded	2 Minutes	Americans don't sleep enough.
Health In A Heartbeat	11:50am	8/21/24	Recorded	2 Minutes	Statins may be overprescribed, docs say
Health In A Heartbeat	11:50am	8/22/24	Recorded	2 Minutes	Heading out for a summer hike can be dangerous
Health In A Heartbeat	11:50am	8/23/24	Recorded	2 Minutes	Don't make rookie mistakes with your sunscreen
News	6:15am; 7:15am; 8:15am	8/26/24	Live	10 Seconds	The Sarah Bush Dental Program has received a 4-thousand dollar grant from the Illinois State Dental Society Foundation.
News	6:15am; 7:15am; 8:15am	8/26/24	Live	10 Seconds	The American Red Cross continues to experience a national blood emergency as remnants of Hurricane Debby and other severe weather events across the country have further complicated efforts to rebuild the nation's blood supply.
News	6:45am; 7:45am; 8:45am	8/26/24	Live	30 Seconds	The Sarah Bush Dental Program has received a 4-thousand dollar grant from the Illinois State Dental Society Foundation.
Health In A Heartbeat	11:50am	8/26/24	Recorded	2 Minutes	The lone star tick is aggressive and on the move
News	6:15am; 7:15am; 8:15am	8/27/24	Live	10 Seconds	The government is once again offering free COVID tests ... treatments ... and vaccines.
News	6:15am; 7:15am; 8:15am	8/27/24	Live	10 Seconds	Sarah Bush Lincoln received a 4-thousand dollar grant for its dental program from the Illinois State Dental Society Foundation.
News	6:15am; 7:15am; 8:15am	8/27/24	Live	10 Seconds	The American Red Cross says the nation is experiencing a blood shortage because of Hurricane Debby ... and other weather related events.
News	6:45am; 7:45am; 8:45am	8/27/24	Live	30 Seconds	The government is once again offering free COVID tests ... treatments ... and vaccines.
Health In A Heartbeat	11:50am	8/27/24	Recorded	2 Minutes	Gait training can help runners avoid shin splints
Health In A Heartbeat	11:50am	8/28/24	Recorded	2 Minutes	Vitamins may not be as helpful as we think
News	6:15am; 7:15am; 8:15am	8/29/24	Live	10 Seconds	The Illinois Department of Public Health says a person died from the West Nile Virus in Lake County ... in northern Illinois.
Health In A Heartbeat	11:50am	8/29/24	Recorded	2 Minutes	Walking is an antidote for lower back pain
Health In A Heartbeat	11:50am	8/30/24	Recorded	2 Minutes	Boost the blood orange's nutrient content by keeping it cool
Health In A Heartbeat	11:50am	9/2/24	Recorded	2 Minutes	Cut back on processed meats
News	6:15am; 7:15am; 8:15am	9/3/24	Live	10 Seconds	A new U.S. Food and Drug Administration rule will require retailers to check the I-D of any tobacco product buyers under the age of 30, up from the previous age limit of 27.
News	6:45am; 7:45am; 8:45am	9/3/24	Live	30 Seconds	A new U.S. Food and Drug Administration rule will require retailers to check the I-D of any tobacco product buyers under the age of 30, up from the previous age limit of 27.
Health In A Heartbeat	11:50am	9/3/24	Recorded	2 Minutes	Scientists work to understand blushing
News	6:15am; 7:15am; 8:15am	9/4/24	Live	10 Seconds	The American Red Cross of Illinois is encouraging everyone to take critical actions during National Preparedness Month this September to be ready for worsening disasters.
News	6:45am; 7:45am; 8:45am	9/4/24	Live	30 Seconds	The American Red Cross of Illinois is encouraging everyone to take critical actions during National Preparedness Month this September to be ready for worsening disasters.
Health In A Heartbeat	11:50am	9/4/24	Recorded	2 Minutes	Break your fast before 8 a.m.
Health In A Heartbeat	11:50am	9/5/24	Recorded	2 Minutes	Plant-based fats > animal fats

News	6:15am; 7:15am; 8:15am	9/6/24	Live	10 Seconds	The latest batch of COVID shots are out ... but be prepared to pay up if you don't have health insurance.
News	6:15am; 7:15am; 8:15am	9/6/24	Live	10 Seconds	The first human case of the West Nile Virus is reported by Christian County health officials involving a person in their 60s.
News	6:45am; 7:45am; 8:45am	9/6/24	Live	30 Seconds	The latest batch of COVID shots are out ... but be prepared to pay up if you don't have health insurance.
Health In A Heartbeat	11:50am	9/6/24	Recorded	2 Minutes	Good for your skin: baby carrots
News	6:15am; 7:15am; 8:15am	9/9/24	Live	10 Seconds	The National Youth Tobacco survey shows the number of teens using e-cigarettes at its lowest level in a decade.
News	6:45am; 7:45am; 8:45am	9/9/24	Live	30 Seconds	The National Youth Tobacco survey shows the number of teens using e-cigarettes at its lowest level in a decade.
Health In A Heartbeat	11:50am	9/9/24	Recorded	2 Minutes	9-8-8 crisis line gets more calls than its predecessors
News	6:15am; 7:15am; 8:15am	9/10/24	Live	10 Seconds	Sarah Bush Lincoln Health Center says a new mammography unit is now offering mammograms at the Bonutti clinic in Effingham.
News	6:15am; 7:15am; 8:15am	9/10/24	Live	10 Seconds	The American Red Cross stresses the continuing critical need for blood products to ensure patient care. Donors of all blood types are asked to give now to keep blood supply levels rising after a summer shortage.
News	6:45am; 7:45am; 8:45am	9/10/24	Live	30 Seconds	Sarah Bush Lincoln Health Center says a new mammography unit is now offering mammograms at the Bonutti clinic in Effingham.
Health In A Heartbeat	11:50am	9/10/24	Recorded	2 Minutes	Doomscrolling is no better for you than it sounds
News	6:15am; 7:15am; 8:15am	9/11/24	Live	10 Seconds	Sarah Bush Lincoln has extended its partnership with Eastern Illinois University to support new video boards and a sound system in O'Brien Field.
News	6:45am; 7:45am; 8:45am	9/11/24	Live	30 Seconds	Sarah Bush Lincoln has extended its partnership with Eastern Illinois University to support new video boards and a sound system in O'Brien Field.
Health In A Heartbeat	11:50am	9/11/24	Recorded	2 Minutes	Fiber may be as good a weight-loss aid as glucose-blockers
Health In A Heartbeat	11:50am	9/12/24	Recorded	2 Minutes	Fruit may keep anti-depressants at bay
Health In A Heartbeat	11:50am	9/13/24	Recorded	2 Minutes	Better lung function in kids who have parks nearby
Health In A Heartbeat	11:50am	9/16/24	Recorded	2 Minutes	Tips to keep your hearing at its best
Health In A Heartbeat	11:50am	9/17/24	Recorded	2 Minutes	HITT workouts are good for your brain
Health In A Heartbeat	11:50am	9/18/24	Recorded	2 Minutes	Want to go to Mars? Your kidneys don't.
Health In A Heartbeat	11:50am	9/19/24	Recorded	2 Minutes	Just 10 minutes outside is enough to aid mental health
Health In A Heartbeat	11:50am	9/20/24	Recorded	2 Minutes	Five Cs to help kids navigate online life
Health In A Heartbeat	11:50am	9/23/24	Recorded	2 Minutes	Bowel movements offer insights for health
Health In A Heartbeat	11:50am	9/24/24	Recorded	2 Minutes	Turning off an aging protein means healthier in old mice
News	6:15am; 7:15am; 8:15am	9/24/24	Live	10 Seconds	The Red Cross says donors are needed now to help combat the critical need for blood.
News	6:15am; 7:15am; 8:15am	9/24/24	Live	10 Seconds	The Food and Drug Administration has given the nod to the first influenza vaccine that doesn't have to be given by a healthcare provider.
News	6:45am; 7:45am; 8:45am	9/24/24	Live	30 Seconds	The Food and Drug Administration has given the nod to the first influenza vaccine that doesn't have to be given by a healthcare provider.
Health In A Heartbeat	11:50am	9/25/24	Recorded	2 Minutes	Eat prunes for strong bones
Health In A Heartbeat	11:50am	9/26/24	Recorded	2 Minutes	Love that new car smell? It doesn't love you
Health In A Heartbeat	11:50am	9/27/24	Recorded	2 Minutes	Don't thwart temper tantrums with a tablet
Health In A Heartbeat	11:50am	9/30/24	Recorded	2 Minutes	Face temperature might hold clues to your health
News	6:15am; 7:15am; 8:15am	9/30/24	Live	10 Seconds	Officials in Champaign County announced this week a 60-year-old has tested positive for the West Nile virus.
News	6:15am; 7:15am; 8:15am	9/30/24	Live	10 Seconds	Americans can now order their free tests from COVID tests dot gov.
News	6:45am; 7:45am; 8:45am	9/30/24	Live	30 Seconds	Officials in Champaign County announced this week a 60-year-old has tested positive for the West Nile virus.
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